

Wu Yee Sun College
Self-Motivation Fund for Health and Well-being Activities
Reflection

Student Name: _____
Student ID: _____
Major/ Year: _____
Date of Report Submission: _____

Note:

- Please submit this reflection together with 3-4 photos within two weeks after completion of the activity.
- The photos should be taken during the activity. The applicants should be seen in one of these photos.
- For online courses/workshops, if no photos can be provided, a valid proof of completion of the activity such as a certificate / letter of completion issued by the organization will be required.
- The subsidy will be reimbursed upon completion of the activity, and submission of reflection and original receipts.
- The successful applicants may be invited to give a sharing of their activities at College event(s) and/or co-ordinate other health and spiritual well-being activities in the College.

Activity Date:	
Activity Time:	
Activity Venue:	
Name of Activity (English):	
Name of Activity (Chinese):	
Please share your reflection (100 words):	
Photos: <i>*3-4 photos taken during the activity must be submitted together with this report (Original files should be sent separately).</i>	

