



香港中文大學  
The Chinese University of Hong Kong



香港中文大學醫學院  
Faculty of Medicine  
The Chinese University of Hong Kong



35th Anniversary  
三十五週年

# CUHK MEDICAL ALUMNI newsletter

## *ALUMNI SPORTS ENTHUSIASTS*





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# WELCOME MESSAGE

"As we embark on this journey to provide excellent medical care to patients, in whatever capacity we have chosen, we must not forget to lend a helping hand to our up-and-coming doctors."

- *Dr Bonnie Wong Chun-kwan*  
(黃駿君醫生, MBChB 2002)  
*Chairlady of the CUHK Medical Alumni Association*



**H**appy New Year 2017!

It gives me great pleasure to address the first issue of the CUHK Medical Alumni newsletter of this year.

Let me first welcome the council members of The Chinese University of Hong Kong Medical Alumni Association (CUHKMAA). Let us all strive to strengthen our vision of further enhancing the bond among ourselves as well as between alumni and our alma mater.

Every year our cohort of alumni expands by leaps and bounds. As we embark on this journey to provide excellent medical care to patients, in whatever capacity we have chosen, we must not forget to lend a helping hand to our up-and-coming doctors.

In today's world, the public expects a lot more from doctors than ever before. The pressure to do better sometimes is insurmountable. It is therefore important that physicians, especially the young graduates, have a place to turn to for help and encouragement. And what better place to look for these than from our alma mater. Our mentors, faculty staff as well as colleagues will always be there to assist, or simply

lend a ear. That is why it is so important that the CUHKMAA keeps the bonding strong among ourselves as well as with our alma mater.

We are a community...like it or not, we are linked to one another in more ways than one, from the time we were students on campus to the time we graduated and went our different paths.

I would also like to touch upon the importance of maintaining a healthy work life balance. Just like our sports enthusiasts featured in this issue, look for a hobby or go after something you have always wanted to do but never had the time. If it is not sports, take up charity work. You need the distraction sometimes - and in this case, the distraction could be for your own well-being and happiness. As

French-German philosopher and physician, Albert Schweitzer, once said: "Success is not the key to happiness. Happiness is the key to success."

Finally, I would like to end this message, with once again wishing each and every one of you... "A Very Happy, Healthy and Prosperous New Year!"



## SPORTS ENTHUSIASTS

They took up a sporting hobby to challenge themselves...and now, they find their chosen sports are fulfilling their lives, both personally and professionally.

### EYE SURGEON'S WORK INVOLVING DECISION AND PRECISION HELPS HIM EXCEL IN GUN COMPETITIONS

"Whenever I pick a weapon to shoot, I already have the attention, the focus and the control."

- Dr Dylan Chan Ding-nai  
(陳鼎翺醫生, MBChB 1991)



For eye surgeon Dr Dylan Chan, becoming a shooting sports enthusiast happened by chance. He had just finished treating a patient, some six years ago, when her father asked Dr Chan whether he had done any shooting at all, and would he be interested in trying it out?

"I thought...why not?," he recalls.

The man happened to be a member of a local gun club. On the day he took Dr Chan to the club, he handed him the biggest gun on the premises - a magnum revolver. It was exactly the type that American actor/producer Clint Eastwood had used in his spaghetti westerns.

"It was the first time I held a weapon in my hands," Dr Chan recalls. "The first bang was so alarming. I didn't expect

the shockwave, the noise, the kick. I almost lost my balance. But for me, it was the beginning of another chapter in my life."

He ended up spending the whole afternoon on the range, trying out different kinds of pistols. And it can safely be said, it was also the day his love affair with firearms began.

Dr Chan believes his friend intentionally gave him the biggest gun in the club to intimidate him into respecting the weapon. And respect is something he knows very well. "What I learnt, as a student at the Faculty of Medicine of The Chinese University of Hong Kong, is to be a humble and careful doctor. So just like in shooting, where the equipment is a lethal weapon, to be humble and careful are the two most important prerequisites."

And being an ophthalmologist also helped...he did not have the teething pains of first-time shooters. "An eye surgeon's work is all about absorption, decision and precision. Shooting is also the same," he says. "Whenever I pick a weapon to shoot, I already have the attention, the focus and the control."

Dr Chan - who graduated in 1991, spent two years in a casualty department before switching to ophthalmology - is now a busy private practitioner. These days he can only partake in his hobby on Sundays. And, even then, he adds, Sundays will often be divided between his family and guns.



But during his heydays in 2013, he took home 13 shooting prizes. He credits all the winnings to his most prized possession - a German gun which is famous for its precision.

Dr Chan says nobody should be surprised he picked up shooting as one of his hobbies.

"Nearly everyone, whether a boy or girl, must have held a water gun, pellet gun or just a dummy gun while they were young. Or, they would have watched action movies involving weapons. So, we were all exposed to those things during childhood." And, he admits, guns have always been at the back of his mind, a kind of "subtle" yearning, he explains. So when given the opportunity, he grabbed it.

Dr Chan calls on medical students to pick a hobby... "pick anything that will balance out your stress."

"Being a doctor can be mentally draining. You have to balance out your career and life. Otherwise, you will just get burnt-out easily."

# PSYCHIATRIST TURNS PASSION FOR MOTORSPORTS INTO WARM, CARING ATTITUDE FOR PATIENTS

**D**r David Lau Ying-kit is a well-known psychiatrist among his peers - he is a fellow of the Hong Kong College of Psychiatrists and a specialist in psychiatry of the Medical Council of Hong Kong. He is also the Chairman of the Mental Health Foundation and honorary consultant at the Special Medical Clinic (HIV service) of Princess Margaret Hospital.

But what many do not know is Dr Lau is into extreme sports - motorcar racing.



"I like the speed and thrill that it gives me," Dr Lau says. "To me, motorsports is really safe and is totally different from driving fast on public roads, provided you have the proper training, observe all the regulations and have all the safety equipment with you."

Dr Lau's passion for motor racing stems partly from his upbringing. "My dad was the owner of a small mini bus company. When I was a kid I enjoyed riding with him when he drove along Castle Peak Road which is as tortuous as the Macau Guia Circuit."

*"The happiness, the calm and peace that racing brings me have positively affected my work."*

*- Dr David Lau Ying-kit  
(劉英傑醫生, MBChB 1994)*

He has been an avid fan of the Macau Grand Prix and Formula One races since young, citing former World Champion, Michael Schumacher, and the late Ayrton Senna, as his racing idols.

But Dr Lau's dream of becoming a race car driver only materialised in later years. "I obtained a driver's licence in 1994 when I was a houseman. I didn't have much money then to receive any proper race training."

So after completing his medical training, he tried his hand at motor racing.

"A friend took me to the Zhuhai International Circuit in 1997. Way back then, I didn't know how to properly drive a car on a circuit.

"After a few rounds, I swerved onto the gravel and while trying to get back on the circuit, the car rolled over."

Dr Lau found himself stuck in his seat upside down, shocked but not injured. That experience made him realise that he needed to learn to drive a racing car in a more "professional" way.

"At one point, I went to a karting circuit for more driving practise," Dr Lau says. In 2000, after obtaining his membership with the Royal College of Psychiatrists in the UK, as a reward for himself, he enrolled at the famous racing school in Silverstone.

Since then, Dr Lau has taken part in the Macau Grand Prix and driven

in many other professional races in Hong Kong, China and Asia and won several caps to show for them.



Dr Lau says his time as a medical student with The Chinese University of Hong Kong has taught him to be an "all-rounder." And while there, he picked up the slogan, "Work hard, play hard."

That is why after firmly establishing his career, he pursued his boyhood dream head-on. "Being a psychiatrist and a race car driver is mutually beneficial. The happiness, the calm and peace that racing brings me have positively affected my work. I am able to share the importance of being happy with my patients."

Dr Lau is advising medical students to start pursuing their dreams, career goals or hobbies while they are still young.

## ROWING ENERGISES SURGEON TO WITHSTAND LONG WORKING HOURS AT THE OPERATING TABLE

“Rowing is like being a surgeon...you need perseverance and commitment...and be strong and tough-minded.”

- *Dr Shannon Melissa Chan*  
(陳詩瓏醫生, MBChB 2007)



really great when all of us are moving towards the same goal.”

She gravitated towards rowing when she first started medical school at The Chinese University of Hong Kong (CUHK) in 2002. The sport is a big thing at CUHK and teams have been on a winning streak for many years. She had also seen the Cambridge and Oxford Universities’ rowing races. “The paddlers seem so graceful and elegant and their boat just glides so effortlessly.”

Being in CUHK gave Dr Chan the chance to practise in the nearby Shing Mun River. Training was gruelling - six days a week. It was exhausting but that did not affect her studies. In fact, she says, it energised her.

Dr Chan likens competitive racing to an out-of-body experience. “When you go to the starting line and the coxswain says: ‘All crew ready...!’ everything just vanishes.

“Your body is just completely separated from your mind and your soul. You endure the pain in your muscles and ignore the screaming of your lungs for air...you are just so focused. At that moment, it’s just you, the boat, your crew.

“And when you hear the coxswain say: ‘Last 20 strokes...!’ you just push yourself to the limits and give all that you can.”

But like many other sports, there are risks. Dr Chan suffered a very painful back injury during her third year - a prolapsed intervertebral disc, common among rowers.

The injury happened two weeks before the Hong Kong Universities Rowing Competition in 2004. And because Dr Chan was the stroke - basically the leader - she could not bow out of the race. It would be difficult for the crew to find a replacement in so short a time.

Not wanting to let her mates down, Dr Chan decided to grin and bear the pain. But in the end, it was well worth it because they emerged victorious - by just one bow ball!

“It was such a wonderful moment,” Dr Chan recalls. “We were throwing people into the Shing Mun River and into the air.”

“Rowing is similar to being a surgeon,” Dr Chan says. “You need perseverance and commitment. Surgeons often have to stand for very long hours during surgery. So you really need to be strong and tough-minded. Rowing helps me to be mentally strong and tough.”

And, she says she learnt about commitment - and caring for patients - from her CUHK professors. “They are among the best,” she adds.

Her advice: “Find meaning in your life and do things that make you happy.”

**F**resh from her trip to South Sudan where she had been volunteering her services for at least three months, Dr Shannon Chan could not wait to get back to the Prince of Wales Hospital where she works as a surgical resident specialist.

She had also been looking forward to getting back to her other passion - rowing. “Rowing is a very special sport,” she explains. “It is structured, disciplined and a regimented practice with quantifiable results.”

Dr Chan’s specialty is the Fours and Eights, but admits she is drawn to the Eights. “I love the Eights because there are nine people in the team, including the coxswain, and it feels

## JUDO PHILOSOPHY OF “NEVER GIVING UP” HELPS DOCTOR THROUGH MANY ADVERSITIES

**D**r Zenon Yeung may be a surgeon of Ear, Nose and Throat (ENT) at Tseung Kwan O and United Christian Hospitals but did you know he can throw you to the ground if need be? You see, Dr Yeung has a black belt in Judo, a form of martial arts.

Dr Yeung took up Judo at a young age because it seemed the most natural thing to do at the time - to follow in his sister's footsteps. "She was four years older than me and started training two years earlier than me."

That training for Dr Yeung did not stop even when he joined the Faculty of Medicine at The Chinese University of Hong Kong (CUHK). He went on to win several trophies and prizes, becoming the joint university champion for two years in 2007 and 2009.

He enrolled in different Judo institutes and played in mainland China as well as in the UK. He befriended Judo icons such as Cheung Siu-chin, Hui Chun-man and Ho Chi-tung, in order to learn from them.

And having a famous Judo instructor, Chan Siu-shing, as coach also helped Dr Yeung tremendously. Besides mastering techniques from Chan, he also learned one of the main philosophies of Judo. "My coach told me...even if we lost a match, we must not give up. We need to learn from our losses and see what we can do to further improve and then come back again the next time."

In Judo, Dr Yeung explains, one can lose a game within three seconds. And can come back to compete again, only after a year of training.

"It is through repeated failures and falls that we learn to get back up and fight."

- Dr Zenon Yeung Wing-chi  
(楊穎智醫生, MBChB 2009)



He says Judo has instilled in him the fighting spirit of "never giving up" and that has helped him through many adversities.

"Judo is a very special sport. It requires strength, skills and tactics. It takes a long time to perfect this sport. We need to go through a stage in which we have to endure being repeatedly thrown by others. It is through repeated failures and falls that we learn to get back up and fight."

But being a surgeon has had its drawbacks when it came to Judo. "I decided to give it up because, during my second year at the University, I broke my right forearm while competing with a Japanese opponent in the Hong Kong Judo Championships."

But the injury did not stop him from continuing with his training until he graduated. He has since quit competitive Judo and only practises the sport occasionally. "I need to have a meticulous and steady pair of hands as a surgeon," he explains.

Dr Yeung remembers his alma mater fondly. "CUHK is like a big family. We are all proud of being a part of it. I really appreciate my mentors who, despite

being busy, shared their experiences with me."

He calls on young doctors to "seize the moment". "Medical school is extremely busy and demanding. It is easy to overlook the important people around us or things happening around us at the University. We must enjoy the present moment, don't let university life pass by without truly enjoying it! Make friends, do some extraordinary things!"



# HUMANITY AWARD 2016 RECIPIENT HOPES HER VOLUNTARY WORK WILL INSPIRE OTHERS TO FOLLOW IN HER FOOTSTEPS

“Through voluntary work, I felt I could contribute meaningfully to the community, even though my efforts were small.”

- **Dr Kwong Wing-yan**  
(鄭詠茵醫生, MBChB 2010)



The motivation to help others began when Dr Kwong Wing-yan was in secondary school. When her classmates were taking up dancing or learning a new language as their extra-curricular activities during summer, she volunteered at local non-governmental organisations. She was 15 years old.

“I came from a low-income family so for me, one way of spending the summer holidays was to help organisations, such as the Hong Kong Playground Association.”

So during summer breaks, Dr Kwong could be found either at youth centres helping poor children with free tutorial classes or assisting in programmes at rehabilitation centres for psychiatric patients. “By that time, I began to really enjoy helping others. Through voluntary work, I felt I could contribute meaningfully to the community, even though my efforts were small.”

Dr Kwong joined the Faculty of Medicine of The Chinese University of Hong Kong (CUHK) in 2004 but after three years, she decided to defer her studies to help the needy overseas. It would be the first time she would travel abroad for volunteer work. She had read in a newspaper that someone from Hong Kong had gone to Cameroon in West Africa to work for a local NGO, NAVTI Foundation. She contacted the person and before long, Dr Kwong was winging her way there, armed with just HKD10,000, a camera, a notebook and a backpack of essentials.



There was first the culture shock. “I had to adjust to the inconveniences of daily life there - there was lack of water and electricity. We had to light candles after dark. The toilet was a pit latrine. And the food was high in carbohydrates and high in saturated fats from palm oil.”

By the time she returned home, she had put on weight and her health had suffered.

Despite the difficulties, Dr Kwong never regretted her decision, saying there were memorable moments. One of her projects involved visiting children from the scattered villages to gauge their eligibility to be sponsored for school. Every day she had to trudge in mud, in 40 degrees’ heat, for three to four hours to get to a village. “I wanted to save money for the children’s tuition fees. So I decided to save on transport costs.” Dr Kwong had to bear all the expenses herself, as NAVTI Foundation does not pay its volunteers.

When the villagers saw her walking those long hours, under the intense heat, they got together and collected money for her transport. “I was very touched,” says Dr Kwong. “They were so poor yet they wanted to relieve my suffering. I will never forget that.”

Dr Kwong, who was 21 years old at the time, also recounted another incident when the kindness of the local villagers strengthened her resolve to stay back and complete her humanitarian work.







problems," Dr Kwong says. "I told them I was going to be there for only a year but these people were exposed to mosquitoes and other difficulties every day. And they saved me so I wanted to stay... to do something for them in return."



And against all odds, she stayed. Besides finding sponsors to school Cameroonian children, Dr Kwong also taught teenagers about HIV/Aids and helped teach some nurses from a village nursing school.

She returned to CUHK after her one-year stint in Cameroon to continue with her medical studies. But voluntary work remains her passion, outside of being an emergency doctor.

Ironically, Dr Kwong had never dreamt of being a doctor. "As I said before, I came from a low-income family and I wasn't very smart in studies. So I didn't have big ambitions and I expected to end up as an office worker." But when she excelled in the public exams, her teachers encouraged her to apply for medicine. "I thought about it a lot. I said to myself that by becoming a doctor, I could help a lot of people every day. And since I was fond of voluntary work and God had given me the chance...why not take up medicine?"

After her housemanship, Dr Kwong worked at the Accident & Emergency Department of Queen Elizabeth Hospital (QEH) from July 2011 to January 2015. During that time she



actively participated in humanitarian relief work in Ethiopia and Zambia. She then quit her job in February 2015 to take up a three-month diploma course in Tropical Medicine in Liverpool, UK, to prepare for future missions in developing countries. In May 2015, she went with the Hong Kong Red Cross to earthquake-stricken Nepal to offer medical services.

Dr Kwong re-joined QEH in October 2015. She is now a qualified medical volunteer with Hong Kong Red Cross and Médecins Sans Frontières (MSF).

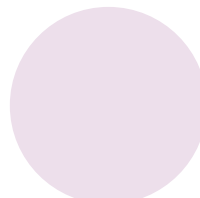
With all her humanitarian efforts and selfless dedication to help the needy, it is no wonder that Dr Kwong was chosen as one of the six recipients of the Humanity Award 2016, jointly sponsored by the Hong Kong Red Cross and Radio Television Hong Kong (RTHK). "I was very proud and happy because I felt that my ten years of voluntary efforts have been recognised." But what made her happier, she adds, is that hopefully, with the publicity surrounding her voluntary work due to the Award, her peers might be inspired to follow in her footsteps.

Dr Kwong says she is happy that, as part of its vision, CUHK is continuing to encourage more and more medical students to take up humanitarian work. "Nowadays, I see groups of students going overseas to serve people in need. It is important for students to learn that there are other things to develop beyond just academia."

She contracted malaria twice in Cameroon. When she was struck down by the disease the second time around, she was in such a bad shape that she could not get up from bed. After realising that they had not seen her for two days, the villagers became worried and went looking for her at her house. Finding her very sick, they sent her to hospital.

"Many people have asked why I didn't leave Cameroon because of all the



01  
Career Talk on  
Internal  
MedicineDr Matthew Lo  
(MBChB 1986)Dr Loar Mo  
(MBChB 1986)Dr Teresa Wong  
(MBChB 1993)Prof Justin Wu  
(MBChB 1993)Dr Ma Sze-ho  
(MBChB 2009)02  
Career Talk on  
SurgeryDr Cheung Chin-cheung  
(MBChB 1989)Dr Kwok Kam-hung  
(MBChB 1989)Dr Lai Tak-wing  
(MBChB 1989)Prof Enders Ng  
(MBChB 1989)Dr Bonita Law  
(MBChB 1992)Dr Lee Fung-yee  
(MBChB 1992)Prof Simon Ng  
(MBChB 1995)Dr Eddie Chan  
(MBChB 1998)Dr Canon Chan  
(MBChB 2004)Dr Yip Hon-chi  
(MBChB 2008)

## CU MEDICAL ALUMNI BUDDIES

Career Talk on  
Radiology,  
Ophthalmology,  
AnaesthesiologyDr Leung Tai-shing  
(MBChB 1986)Dr Lam Kwok-yeung  
(MBChB 1987)Dr Jack Shu  
(MBChB 1992)Dr Jeffrey Wong  
(MBChB 1995)Dr Lo Chor-kwan  
(MBChB 2000)Dr Henry Lau  
(MBChB 2002)Dr Aries Tse  
(MBChB 2009)Dr Susanna Tsang  
(MBChB 2011)Dr Carita Tsoi  
(MBChB 2014)Performance  
Enhancement  
WorkshopDr Siu Wing-tai  
(MBChB 1989)Dr Leung Tse-ngong  
(MBChB 1990)Dr Sin Ngai-chuen  
(MBChB 1994)Presentation  
Skills, CV Writing  
& Job Interview  
Preparation  
WorkshopProf Linda Lam  
(MBChB 1986)Prof Margaret Ng  
(MBChB 1986)Prof Grace Wong  
(MBChB 2001)



Thanks to a group of enthusiastic and caring alumni, the Medical Alumni Buddy Group was conceived in May 2016. It is undeniably one of the most extraordinary extra-curricular resources ever made available to medical students and interns to help them prepare for their future as physicians.

Since its inception, the Group - making up of specialists in different fields - has rolled out several activities which include career talks and workshops.

The first major event was a career talk, focusing on "Internal Medicine", held on 6 September 2016. It was kicked off with a few opening remarks by Professor Francis Chan, Dean of the Faculty of Medicine, who was there to show his support and encouragement for the Group and its activities.

Specialists from various hospitals shared their experiences, and this was later followed by a question and answer session. Around 200 medical students attended the talks.

After what was described by participants as an "extremely successful" career talk on Internal Medicine, the Medical Alumni Buddy Group organised the second event on 27 October 2016 this time focusing on "Surgery". A number of well-known

surgeons, both from the private and public hospitals, shared their experiences, inspirations and memorable moments with some 200 medical students who participated in this event.

The theme of the third career talk was "Radiology, Ophthalmology, Anaesthesiology" on 24 November 2016. It has often been said, tongue-in-cheek, that medical students who chose any one of these specialties were usually on the "right road" to success. About 100 students were present for the talks by experts from the three different disciplines.

The career talks were opened to all medical students and interns, and they were particularly significant and useful for senior students and interns who are preparing to embark on their career. Many students said they were greatly impressed with the presentations while alumni expressed satisfaction that they could contribute to their alma mater by sharing their experiences with the undergraduates. Some alumni also said they were amazed by the buddy programme as they did not have such a programme during their university days.



Besides providing students with valuable insights about their future medical careers, the Medical Alumni Buddy Group

also organized a "Performance Enhancement Workshop" on 8 October 2016 and 12 January 2017.

This workshop was basically to equip students with a variety of soft skills for personal and professional development. Speakers from both the public and private medical sectors advised some 30 eager medical students on how to enhance productivity and reach their potential.



There was also a "Presentation Skills, CV Writing & Job Interview Preparation Workshop" for the students on 8 November 2016.

With the help from alumni, around 200 students were given the opportunity to perfect their presentation and interview skills. They learnt what sort of expectations they should have, how to strengthen their interview skills and how to set themselves apart from the competition.

The Medical Alumni Buddy Group will continue to cultivate and maintain support for medical students via ongoing activities so as to prepare them for life in the university. It will also help them explore career choices and develop skills as they face challenges in an ever-evolving work environment.



## 35TH ANNIVERSARY GALA DINNER 2016

Celebrations marking the 35th anniversary of the Faculty of Medicine at The Chinese University of Hong Kong (CUHK) last year were a resounding success. It would be remiss not to mention that 2016 was also a significant year because it marked the 25th anniversary of The Nethersole School of Nursing and The School of Pharmacy, as well as the 15th anniversary of The Jockey Club School of Public Health and Primary Care.

More than 1,800 alumni, Faculty staff and guests from different sectors graced the celebratory Gala Dinner on 25 September 2016 at the Hong Kong Convention and Exhibition Centre in Wanchai.

The Guest of Honour, Dr Ko Wing-man, Secretary for Food and Health, praised the Faculty's contributions over the past 35 years. He described CUHK as a "pillar of Hong Kong's healthcare system... and vanguard of healthcare quality in training and development of healthcare professionals as well as

in policy, research, advocacy and development."

CUHK's Vice-Chancellor, Professor Joseph Sung, who is a renowned gastroenterologist and Mok Hing Yiu Professor of Medicine, shared stories about the Faculty's development – from the time of its inception in 1981 with only 60 medical students to its status now as one of the world's leading institutes of medicine.

Professor Sung highlighted the Faculty's contributions and breakthroughs in clinical and scientific researches and also recalled the difficult times they faced during the SARS outbreak in Hong Kong in 2003.

He called on the Faculty to keep up the good work and strive for greater success. He said through the construction of a CUHK-owned and -run medical centre, it is hoped a new model of healthcare service, providing affordable and top quality medical care, can be achieved. "We promise to scale new

heights and take the Medical Faculty to the next level of excellence in the years to come," he pledged.

The Dean of the Faculty of Medicine, Professor Francis Chan paid tribute to the founding Dean of the Faculty, Professor Gerald Choa, who, against all odds, managed to lay a strong foundation thus leaving a rich legacy that enabled the Faculty to "thrive and flourish."

Professor Chan, who became CUHK's first alumnus to be appointed dean, quoted a Chinese saying that goes something like this...





"while drinking at a rivulet, stop to consider its source."

One of the highlights of the Gala Dinner was a charity auction featuring a traditional Chinese painting by Professor Philip Chiu, Assistant Dean (External Affairs), with personal calligraphy by Professor Sung.

The subject of Professor Chiu's painting is a black paradise flycatcher with a long tangerine-coloured tail perching on the branch of a kapok tree blossoming with red flowers. Professor Sung's inscription was taken from the classical medical encyclopaedia *Bei Ji Qian Jin Yao Fang*: "A great doctor treats the state; an average doctor treats the patients; and a below-average doctor treats the diseases."

Charlie Lee, the Chairman of The Charlie Lee Charitable Foundation, won the bid for the painting with HKD360,000 and the money was donated to the Gerald Choa Memorial Fund for medical education.

The dinner also featured performances by students who sang and danced to convey their gratitude to the Faculty teachers. The performers wore tee-shirts which bore the winning design, picked from 23 entries in a competition initiated by students, who wanted to choose a "birthday gift" for the Faculty.

It was an enjoyable night for alumni, with many of them turning up with their spouses and children - some of whom are now studying at the Faculty of Medicine. Photos of alumni's "good old days" in school were displayed at the venue.

There were also "mobile-selfie" sessions where guests took selfies and then uploaded them onto an online platform. To the delight of the many participants, the photos were then projected onto big screens.

The new Faculty logo was given a place of pride at the venue. The new logo - consisting of two overlapping apricot leaves, one purple and one green - has been in use since 2013. The design is the brainchild of Professor Francis Chan: "The pronunciation of apricot (杏) is akin to that of the word 'fortunate' (幸) in Chinese. This is a subtle reminder to all of us at the Faculty that it is a privilege to be able to devote ourselves to the practice of medicine to serve people."

A one-off special logo was also designed to commemorate the 35th anniversary. In addition to the Faculty colours of purple and green, the concept of LEAF was used to symbolize "Growth, Nurturing and Full of Life."



## WHITE COAT INAUGURATION CEREMONY

The start of the 2016/2017 academic year also heralded the start of a new chapter for over 200 eager, new medical undergraduates.

During his opening remarks at the annual White Coat Inauguration Ceremony, held on 10 September 2016, Professor Joseph Sung, the Vice-Chancellor of CUHK, urged students to honour the coats as well as the medical profession. "You are entering a very special profession. You are dealing with a very solemn job and you will have to handle life and death every day."

The Guest of Honour, Professor Donald Li, the then President of the Hong Kong Academy of Medicine, also offered some pearls of wisdom for the undergraduates.

"As medical professionals, we need to be prepared and resilient when we are called upon to perform relief duties when disasters strike." He said besides studying, they also have "to reach out to the community and know what's happening around the world."

Professor Francis Chan, Dean of the Faculty of Medicine, reminded the freshmen that being a doctor is never easy: "It is not just a job but a lifetime commitment to respecting life, to giving heartfelt service to patients and having a desire to acquire new skills and knowledge."

Under the watchful eyes of families and friends, the freshmen were helped into the much-vaunted White Coats by Professor Li and 30 other academics from the Faculty. Professor Fok Tai-fai, Pro-Vice-Chancellor of CUHK and Choh-Ming Li Professor of Paediatrics, led the students in the oath-taking where they pledged to maintain the highest standards of professional conduct, to care for patients as best as they can and contribute to society.



## SURGICAL GRAND ROUND

Professor Jimmy So Bok Yan (MBChB 1991) was in Hong Kong at the end of last year to present his Surgical Grand Round, entitled "Recent Advances in Management of Gastric Cancer." The illuminating talk was held at the Prince of Wales Hospital on 22 September 2016. More than 100 medical students, surgical residents, surgeons and Chinese University of Hong Kong alumni attended the event, in which Professor So spoke about intraperitoneal chemotherapy.



Professor So is currently a Professor of Surgery at the National University of Singapore and a Senior Consultant with the National University Hospital's Department of Surgery. He is also the Division Head of Surgical Oncology at the National University Cancer Institute of Singapore (NCIS). A practising surgeon, as well as a researcher, Professor So has been a strong collaborator with CUHK's Department of Surgery over the past years.



## REUNION GATHERING OF CLASS 1996

The MBChB class of 1996 held their 20th Reunion Anniversary on 3 September 2016. With lemon pies at the Medic Canteen in the afternoon, followed by a sumptuous dinner in the evening at S.H. Ho College of CUHK, alumni and their families had a whale of a time. The logo for the class (middle of the page in purple and gold) was especially designed by their very own Dr John Sung (MBChB 1996).



*Since 1981...*

*Let's relive the memories of our good old days...*

*Share with us your old photos here!*

### PHOTO COLLECTION CORNER

*"We must live together as brothers or perish together as fools"*

*Martin Luther King Jr.*

Photos courtesy of Dr Joey Ng (MBChB 1996)



*Photo taken in 1991*



*Photo taken in 2016*

It is time to dust off old photo albums and walk down memory lane. Share with alumni precious memories of your alma mater captured on camera at the "Photo Collection Corner".

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