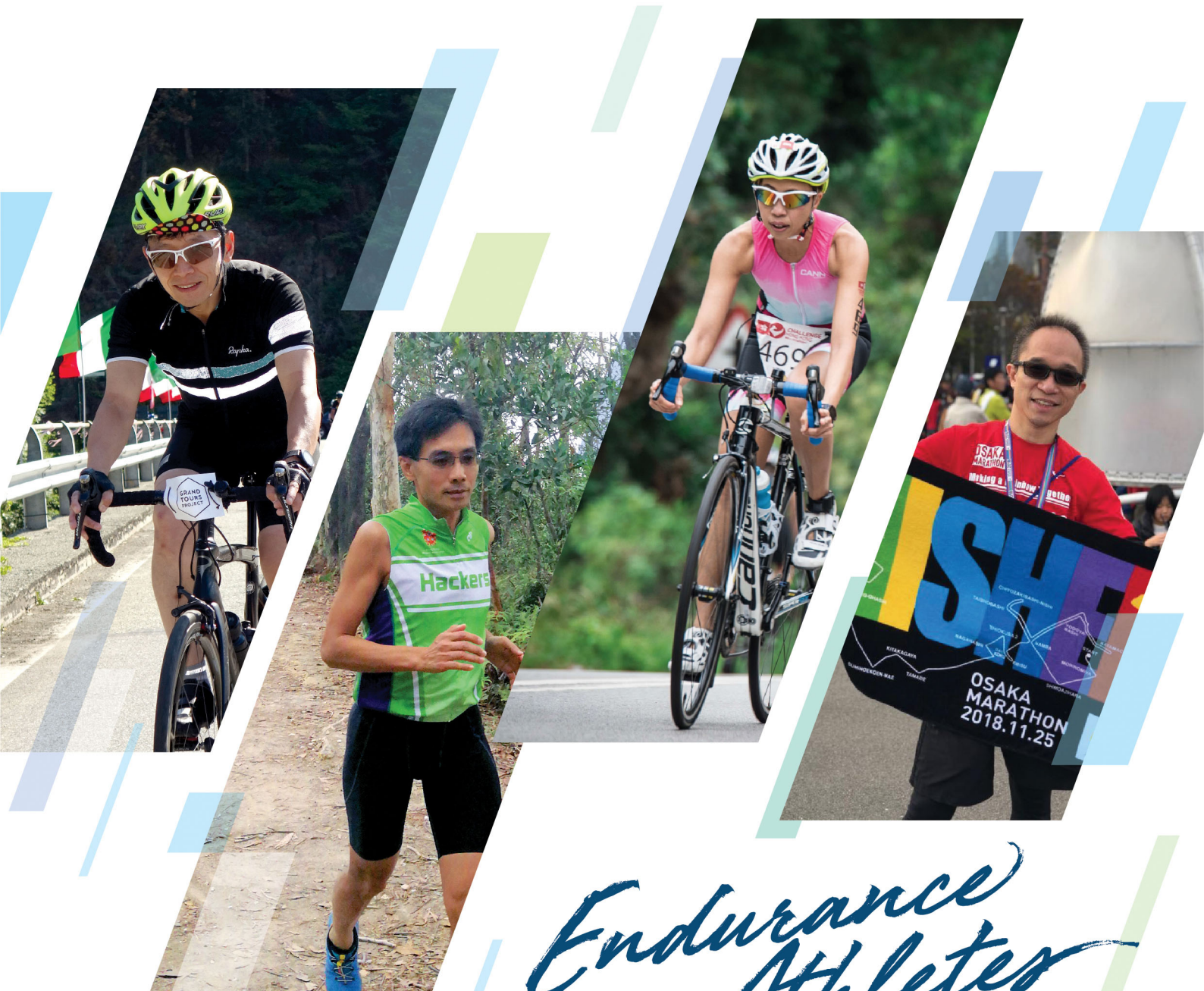


香港中文大學
The Chinese University of Hong Kong



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong

CUHK MEDICAL ALUMNI newsletter



*Endurance
Athletes*



02 MESSAGE

- Message by Professor Dennis Lo Yuk-ming, Associate Dean (Research)

03 FEATURES

- Keep Calm and Keep Pedalling is The Mantra of This Paediatric Surgeon
- Hiking Teaches Doctor Lessons About Life
- A Series of Events Pushes Doctor to Run Marathons
- Hyperactivity While Young Propels Doctor to Ace Triathlon in Later Years

07 SPECIAL FEATURE

- Eye Doctor Invents Revolutionary Easy-To-Use Retinal Examination Device

09 RECIPIENTS OF THE 2018 CUHK DISTINGUISHED MEDICAL ALUMNI AWARD

- Dr Siu Wing-tai - Global Achievement Award
- Dr Peter Pang - Humanitarian Service Award

11 EVENT HIGHLIGHTS

- Gerald Choa Memorial Lecture cum Dinner 2018
- Unveiling Ceremony of "Leave A Mark" Bronze Nameplate

13 HISTORY OF CUHK MEDICINE

- Introduction of Founding Professor Joseph Lee
- CU Medical Alumni Buddy Programme

14 NEWS IN BRIEF

- Silver Jubilee Reunion of Class 1993
- Article and Photo Contribution
- Call for Nomination for Distinguished Medical Alumni Award 2019

15 STAY CONNECTED

- Medical Alumni Contact Update

EDITORIAL BOARD

HONORARY ADVISORS

Professor Francis Chan Ka-leung 陳家亮 (MBChB 1988)
Dean, Faculty of Medicine
Professor Enders Ng Kwok-wai 吳國偉 (MBChB 1989)
Associate Dean (Alumni Affairs), Faculty of Medicine

CHAIRMAN

Dr Byron Chu Tung-hang 朱東恒 (MBChB 2004)

MEMBERS

Dr Peter Kwong Kwok-hung 鄺國雄 (MBChB 1988)
Dr Peter Pang Chi-wang 彭志宏 (MBChB 1994)
Dr Ruby Ching Hok-ying 秦學瑩 (MBChB 1995)
Dr Jennifer Mou Wai-cheung 繆蔚章 (MBChB 2003)
Dr Xina Lo 羅秀蘭 (MBChB 2005)
Dr Heyson Chan Chi-hey 陳智曦 (MBChB 2007)
Dr Eric Cheung Yau-fung 張又丰 (MBChB 2009)



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong

Medical Alumni Affairs

Integrated Event Management,
Faculty and Planning Office, Faculty of Medicine,
Room 116, 1/F, Choh-Ming Li Basic Medical Sciences Building,
The Chinese University of Hong Kong, Shatin, N.T., Hong Kong
Tel: 3943 3336
Email: medical_alum@med.cuhk.edu.hk




The Chinese University of Hong Kong
Medical Alumni Association

Email: cuhkmaa@cuhk.edu.hk

WELCOME MESSAGE

“Being a doctor gives one the opportunity to help hundreds and thousands of patients...”

- Professor Dennis Lo Yuk-ming
盧煜明教授



*Associate Dean (Research)
Chairman of the Department of Chemical Pathology
Professor of Chemical Pathology
Director of the Li Ka Shing Institute of Health Sciences
Li Ka Shing Professor of Medicine*

It is always a pleasure to read each and every issue of the CUHK Medical Alumni newsletter, and to witness the talents and contributions of members of the CUHK medical family. The theme of this issue is “*Endurance Athletes*” which highlights the power of combining mental and physical strength and resilience. As biomedical researchers, my research group and I are also engaging in a marathon of research. For example, it has taken my group over 20 years to make non-invasive prenatal testing a clinical reality. Using this technology, several millilitres of a pregnant mother’s blood could reveal the genetic health of a fetus. Every day, we are competing and collaborating with many other research groups around the world in realising this dream.

I think that our younger alumni and medical students have the potential of achieving much more than what researchers of my generation have done. I still recall the time when I first started working on genomics, the human genome project still had not been completed. It was like trying to navigate around the world without a map, not to mention the recent luxury of having the Global Positioning System (GPS)! The younger and future generations of biomedical researchers will have knowledge and technologies that we could only dream of.

I can also see that the atmosphere in Hong Kong for innovation and technology has undergone a much more positive change in recent years. Funding for large projects is gradually reaching a level in which our researchers can hope to compete on a more level playing field with leading groups around the world. Investors, universities, the government and the public are also much more supportive of the creation of technology startup companies. Such companies are an essential part of an innovation and technology ecosystem. Hence, to our younger alumni and medical students, I would say that now is the time to join the party! Being a doctor gives one the opportunity to help hundreds and thousands of patients; however, making a breakthrough in biomedical research would give us the chance to improve healthcare on a global level.

These doctors' physical endurance knows no bounds - they have hiked, biked, run marathons and triathlons and are still there for their patients.

KEEP CALM AND KEEP PEDALLING IS THE MANTRA OF THIS PAEDIATRIC SURGEON

"Cycling improves physical fitness and relaxes the mind ..."

- Dr Michael Leung Wai-yip
(梁偉業醫生, MBChB 1991)

Growing up, Dr Michael Leung did not ride a bicycle nor was he particularly active in sports.

These days, he looks forward to going overseas two or three times a year for biking holidays which includes long distance cycling.

Dr Leung, a Consultant Paediatric Surgeon and Division Head of Paediatric Surgery at Queen Elizabeth Hospital says that he became painfully aware of the importance of keeping healthy after Sars struck Hong Kong in 2003. "Before Sars, I didn't have any hobbies related to sports. But after seeing many of my colleagues coming down with the disease, it made me more concerned about my health and wellbeing. So I joined a gym, took up weightlifting exercises and

started playing football with my former schoolmates."

Five years ago, he bought himself a folding bike and started cycling along the bike track from Tai Po to Shatin. Despite acknowledging that Hong Kong was not a bike-friendly place, he was bitten by the cycling bug nevertheless - and forked out about \$15,000 to \$20,000 for his first road bike. He started to ride on some less busy roads like Luk Keng and Castle Peak Roads at the weekends.

He remembers vividly his first overseas long distance cycling trip. It was a guided ride from Paris to London over a period of six days. He went on the trip by himself. "There wasn't any GPS at the time so we were just handed a book of instructions." He completed the trek successfully although it was quite dangerous for a first-timer like himself. The roads were not paved and part of the route in London was constructed during the 2012 London Olympics. "In retrospect, I still can't believe I made this decision."

The experience made him realise just how much he liked cycling long distances over several days - something that cannot be done in Hong Kong.

Since then, Dr Leung has biked along the 800km-Kashima-Hachinohe route, which took him six days, and along the west coast of Ireland as well. He has also participated in the Hong Kong and Okinawa Cyclothons. Sometimes his wife accompanies him on his cycling tours.



One of his unforgettable cycling trips was in 2014 for a fund-raising event for children affected by a massive tsunami that struck East Japan in 2011. The 800km-long ride took him through the devastation. "I met a taxi driver who told me stories about the survivors he helped. So, it was not only a cycling trip but also an educational trip."

Dr Leung also stopped by the famous lone Miracle Pine Tree in Rikuzentakata, which survived the tsunami. (The tree died in 2013 and was "rebuilt" on the site as a monument for the victims).

Another memorable trip was in May last year to Italy for the Giro d'Italia. As an amateur, he just cycled part of the route. To recap, his passion for long distance cycling has so far taken him to Paris, London, Tokyo, Okinawa Island and Italy. Dr Leung hopes to someday participate in the Gran Fondo in New York - a challenge that combines a group ride, race and tour.

Dr Leung intends to cycle as long as he can. "It is an ideal sport for a middle-aged person like me," he says laughingly. "It improves physical fitness and relaxes the mind...and trains up the cardio status without hurting the knees."





HIKING TEACHES DOCTOR LESSONS ABOUT LIFE

but picked it up again when he became a medical student at The Chinese University of Hong Kong. He has since hiked up to Lantau Peak, Sharp Peak in Sai Kung and Pat Sin Leng.

The MacLehose Trail soon became one of his favourite treks because he found it more "adventurous". Then he read about a fund-raising event called the Trailwalker. "I thought those who completed the 100-kilometre race within the specified 48 hours were supermen."

He wanted desperately to participate in the event but his friends were either too busy or were not interested in strenuous hiking. Then in 1999, he was invited by one of his colleagues to participate in the Trailwalker. "I said yes without any hesitation. It had always been my dream."

"The experience wasn't a great one though," he admits. "One of our members wasn't able to complete the race." Undaunted, he managed to form a team the following year and all the four were able to complete the trail. To date, Dr Chow has completed the Oxfam Trailwalker (as it is now called) 14 times, nine of which in less than 18 hours.

Dr Chow's hiking trails are not limited to Hong Kong. In fact, he became "addicted" to hiking outside Hong Kong after a trip to the US. In 1992, together with two classmates, he decided to hike in the Rocky Mountains' Grand Teton Range. "It was a hot day. To our surprise, the trail led us to an ice-covered lake at

an altitude of 3000-metres. We were so excited. However, we forgot our lighting equipment and had to find our way down in darkness," he laughingly recalls.

Then they turned their attention to the desert terrain of the Grand Canyon and the waterfall-rich Yosemite Valley. "The hikes made me realise that the landscape and scenery of the mountains there were so different from Hong Kong and it was absolutely worth spending time enjoying nature during overseas trips."

Dr Chow recalls another unforgettable experience in Nepal in 2010 while attempting the remote Ganja La crossing. Although suffering from altitude sickness, he felt a sense of achievement. "I found myself being totally immersed in the Himalayas and began to understand why the locals regarded the mountains as gods and goddesses."

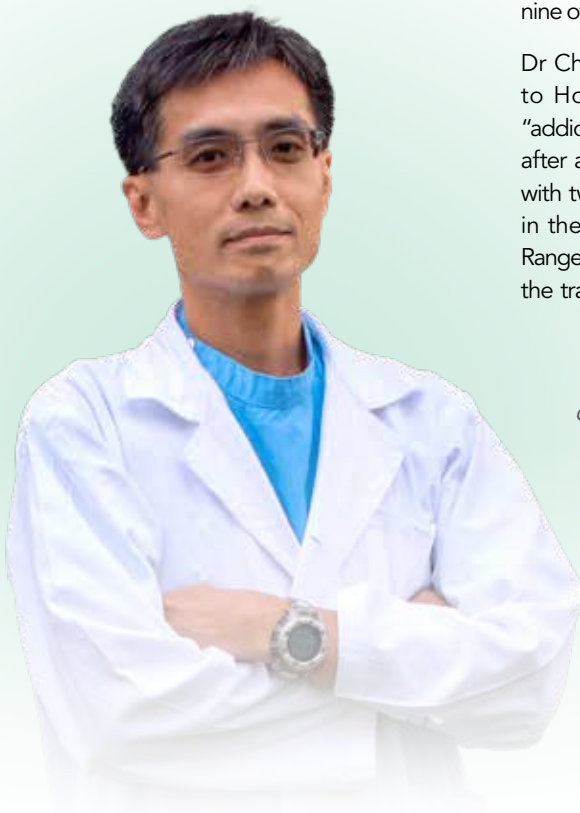
Besides the US and Nepal, he has also left his footprints in the Swiss Alps, mainland China, Taiwan, Belgium, Italy, Norway, Thailand and Kazakhstan.

Hiking has taught him important life lessons, he says. "Ego has no place when working in a team. We have to be patient, considerate and help others in need, otherwise, the team spirit will disintegrate."

Dr Chow has never been on sick leave since starting his career decades ago. "Hiking makes me happy. It's relaxing and injects happiness into my life. My physical fitness is pretty ok too, because of it."

Hiking is a passionate pastime of Dr Francis Chow, an orthopaedic surgeon at Tuen Mun Hospital. He admits to being "in love" with the sport ever since he was around 10. He used to tag along with his parents and grandmother whenever they went hiking. He was so passionate about this hobby that he read maps of the countryside during his free time. "I had a stock of them," he recalls. "I was very interested in all the trails and I would devise an imaginary route for myself."

However, he had to push the pause button when he was in secondary school



"Ego has no place when working in a team."

- Dr Francis Chow Yuen-hon
(周源瀚醫生, MBChB 1993)



A SERIES OF EVENTS PUSHES DOCTOR TO RUN MARATHONS

"My son's complaint motivated me to start a weight reduction programme..."

- Dr Anfernee Yim Kin-ming
(嚴建明醫生, MBChB 2000)

daughter and felt so sad. I remember telling myself I will not leave my son."

The third push came in the form of a movie, *Forrest Gump*. In the movie, Gump ran for three and a half years before deciding to go home. At the time of its showing, Dr Yim was facing family problems. After watching *Gump*, Dr Yim decided he too wanted to take up long distance running and like Gump, he felt that at some point, he also would want to "go home" - symbolically speaking.

He began by going on the treadmill in the gym, but weighing some 170 pounds at the time, he could only manage 800 metres. Eventually, he graduated to one kilometre and then to two. He lost around 10 lbs in the first two months. "Many of my friends thought I had cancer. The security guard in my estate even asked my wife if I was suffering from a major illness."

With his new-found passion, he decided to challenge himself. In 2013, he took part in the Standard Chartered Hong Kong Marathon. He completed the 10km race in good time.

Dr Yim has since participated in half marathons in Geneva and Singapore.

However, his most memorable race was in Osaka, Japan. He had enrolled in June last year for the Osaka Marathon slated for November. However, after leaving the Hospital Authority in October 2018 and joining a private hospital, he became so busy he had no time to keep up with his daily run. Despite the lack of training, he decided to go ahead with the marathon.

The route was 42.195 kilometres long and just 13km into the race, he started having cramps. "I was in such pain that I wanted to give up. But I thought of my son...I wanted to be a good role model for him. I prayed to God that I would be able to complete the race. My motto: 'If you think you can, you can' also frequently flashed through my mind. That really kept me going." So he plodded on, eventually reaching the finishing line. He received a medal for participation which he then gave to his son.

Unsurprisingly, he is sharing his motto with medical students. Never give up, he says.

So what does his son think about his snoring now: "He says it's still there but it has decreased in volume!"

What has snoring, a funeral and a movie got to do with long distance running? Everything, according to Dr Anfernee Yim. Those were the major reasons he took up the sport.

This is not to say Dr Yim - an emergency medicine and critical care physician - was inactive in other sports during his younger days. He was a member of the athletics team while in school. "I did short sprints of 100 metres or 200 metres". And, he played football at the university.

He turned to long distance running only a few years ago after his son - then four to five years of age - complained about his loud snoring, caused probably by him being overweight. "My son's complaint motivated me to start a weight reduction programme for myself."

Then when a good friend of his - who was in his mid-thirties - died in 2011, his resolve to lose weight intensified. "When I was at his funeral, I saw his two-year-old





HYPERACTIVITY WHILE YOUNG PROPELS DOCTOR TO ACE TRIATHLON IN LATER YEARS



“Everyone should find a sport they like and incorporate it into their daily living.”

- Dr Terry Chu Wing-fai
(朱穎暉醫生, MBChB 1989)

From a hyperactive child to sportswoman...from marathon to triathlon - this basically charts the history of Dr Terry Chu's road to athleticism.

Dr Chu joined the triathlon as recent as in 2017. "I'm just a beginner," she laughs. Since then she has taken part in three triathlons and came out first in her category last November. However, Dr Chu was a marathon runner prior to becoming a triathlete. She participated

in the Hong Kong Marathon from 2013 to 2015 but she switched to triathlon because of injuries to her leg. Why triathlon, you ask?

Her children are all grown up so she had some time on her hands, she explains. She had been eyeing swimming and then, her husband bought her a bike. "He wanted a bike so he bought one for me as well," she says. However, it took her nearly two years to ride the bike with confidence. In that time she also improved her swimming. "Then I started thinking: I know how to swim, I can ride a bike and I can run. I'm not very fast in any of it but I can do all three together." And, that was how it all started. As a triathlete, she gets to combine open water swimming, biking and long distance running.

Dr Chu - a Medical Officer in Family Health Service of the Department of Health - says she has always been interested in athletics. "When I was in primary school, I so badly wanted to get into the school athletics team but I wasn't good enough. So I asked my teacher to allow me to just join in the practices."

All that changed when she went to Ying Wa Girls' School in Mid-Levels. She started playing volleyball and basketball and took part in 400-metre races. As a medical student of The Chinese University of Hong Kong, she joined the athletics team, often running in the 800m and 1500m races.

Dr Chu says it was "easier" being an athlete. "You don't need any sporting gear. You put on a pair of trainers and just run."

Being a triathlete has its challenges...and memorable moments. She recalls how she lost one of her contact lenses when another swimmer kicked off her goggles accidentally. She managed to get back her goggles but the lens was lost. She managed to get to the transition area to get on her bike but riding fast with only one contact lens in one eye was a challenge. Despite the hitch, she came out tops - winning the race in two hours and 58 minutes.

She is now setting her sights on the IRONMAN 70.3 Taiwan to be held in Taitung in March this year. Dr Chu does not have a structured programme for training. "Sports is part of my life. But I must not be selfish because I'm also a housewife, mother and doctor. So I just try fitting in training practices whenever I can."

Her experience as an athlete helps her teach clients about healthy living. "So I need to be in good health to be a role model for them and also for my team."

For Dr Chu, good health is a precious commodity. "Everyone should find a sport they like and incorporate it into their daily living. They will benefit in the long term. I would say love themselves, love their family and be healthy."





EYE DOCTOR INVENTS REVOLUTIONARY EASY-TO-USE RETINAL EXAMINATION DEVICE

You would think that anyone with a keen interest in physics, engineering and computer science, would end up being either a physicist, an engineer or a computer scientist. So how did Dr Kenny Lai - who has professed his deep love for the three subjects - end up as an ophthalmologist, specialising in retina instead?

He laughs: "I became an eye doctor by accident. I like working with my hands so I decided to become a surgeon...any surgeon. So when it was time to apply for a job, I sent my application to all the surgical departments in the public hospitals and the Ophthalmology Department of Tuen Mun Hospital accepted me. Now, I'm very happy because my work involves physics, optics, engineering and medical theories. And, I'm also seeing patients and learning a lot on the job."

However, that has not stopped this "doctor-cum-scientist" from pursuing his outside-work passions during his spare time - lunch breaks, at home or during his off days. "Although it's a kind of obsession with me, I don't let any of it interfere with my work as an eye doctor," he insists. "I always give my 100 percent to the patients."

Dr Lai would conduct numerous experiments on his ideas at his home or in an office he rented in Tsuen Wan. Then, last year, after much sweat and tears, he came up with a revolutionary device that can help just about anyone do an eye examination - by using his fundus-like camera device and just attaching it to a smartphone with a clip.

The device, which he named Smartphone Ophthalmoscope, is compact, light and, more importantly, very easy to use. "All you need are a few eye drops, a smartphone and a mirror. It's like taking a regular selfie of your own eye. You can use a computer if you want to enlarge the image," he says.

"What this Smartphone Ophthalmoscope does is it captures the image of the retina and the image can be used for future diagnostic purposes," he adds. "You don't have to be a specialist eye doctor. You can examine your own eyes or the eyes of others."

"All you need are a few eye drops, a smartphone and a mirror."

- Dr Kenny Lai Ho-wa
(黎浩樺醫生, MBChB 2008)

The idea behind this brilliant invention was triggered after he suffered from a retinal problem. The problem has since been surgically repaired but the urge to simplify retinal examination remained etched in his brain. "Performing a comprehensive eye examination is very difficult, even by a special eye doctor. To confidently examine the eye and say it is normal, is not easy. So I did a lot of research and came up with this," Dr Lai says.

However, the path to the device's final creation was arduous and often peppered with lots of hesitation. The first prototype in 2015 did not work. He felt conflicted but with encouragement from his peers and professors, he pushed on. Finally, from the time of his first prototype camera, he managed to get the device working in 2018.

He says the Smartphone Ophthalmoscope would be particularly useful for monitoring patients already diagnosed with macular degeneration or diabetic eye diseases. These are patients who are regularly seen by eye doctors and if the patients cannot make it for their regular follow-ups, they could use the camera to detect any changes in their eye condition.



▲ Smartphone Ophthalmoscope



"The device would also be most beneficial for developing countries where doctors need to conduct mass eye-screening on the population to detect early retinal problems," he adds.

At the moment, he is looking to manufacture the product. He has secured some initial cover support from the government under the so-called Incubation Programme for start-up companies. So he and his wife - who has been supporting him immensely especially with paperwork - will be moving from their Tsuen Wan workspace to the Hong Kong Science Park. "We're now looking for expert help in manufacturing and marketing the product and regulatory approval."

While awaiting patent approval, he is working on an AI platform for the Smartphone Ophthalmoscope so that with just a click, one can send his or her retinal image to a cloud server and the AI platform will be able to help in the diagnoses - whether the retina is normal or if there are any diseases.

Dr Lai is now setting his sights on developing what he calls "mobile medicine" to replace telemedicine. Telemedicine requires sophisticated and expensive instruments so it is not that popular nowadays, he says. "What I would like to do in the near future is to integrate the medical diagnoses of all sorts of diseases into a smartphone." He hopes to do this in collaboration with other doctors.

He attributes his love for inventing things in part to the professors at CUHK Faculty of Medicine. "Some of them had invented some new technology or developed new drugs. I really admired them greatly." He also says his time at medical school shaped him into "a proper and nice doctor".



His advice to students: "Just be brave and do whatever you want to do. When I started out on this retina project I was consumed with self-doubt. Some people think that doctors shouldn't be doing this kind of job. We should just concentrate on clinical practice, and wait for an engineer to give us a new device and teach us how to use it to treat the patients."

But he decided to break this traditional mode of thinking and pursued his undying love for physics, engineering and computer science - and his success is now manifested in this extraordinary creation...a simple-to-use retinal examination device.





▲ Dr Siu (2nd right) flanked by his wife Dr Bonita Law and son, Brian Siu with (from left to right) Dean Francis Chan and Professor Arthur Li

KUDOS TO DR SIU WING-TAI (蕭永泰醫生, MBChB 1989) - RECIPIENT OF THE GLOBAL ACHIEVEMENT AWARD

Dr Siu Wing-tai is a physician of exceptional talents. Since graduating in 1989, he has worked non-stop for his peers, alma mater and medical students.

In May 2018, he became the first medical alumnus to be conferred Honorary Fellow of The Chinese University of Hong Kong.

Dr Siu was an outstanding student, winning awards such as the Hong Kong Pathology Society Prize (1987), the First Prize and distinction in Medicine (1989) and the City Lion Gold Medal Award (1989).

Even after graduating he continued amassing awards, which included the prestigious Young Clinician Program Award, 11th World Congress of Gastroenterology (1998).

Dr Siu is renowned for his work in upper gastrointestinal, vascular and minimally invasive surgery. He has contributed greatly to the development of surgical techniques in minimally invasive surgery and has worked with the Minimal Access Surgery Training Centre at the Pamela Youde Nethersole Eastern Hospital and the Department of Surgery, CUHK.

He has published over 90 scientific articles in international peer-reviewed journals. His publication, in particular, on perforated peptic ulcer made a significant impact on the role of laparoscopy in the management of the disease. He is also a member and reviewer of several prestigious journals - such as the Medical Science Monitor and the Alimentary Pharmacology and Therapeutics.

The Faculty of Medicine is a favourite focus of Dr Siu, often contributing to his alma mater in more ways than one and persuading others to do so. He helped set up the CUHK Medical Alumni Association and was its President between 2011 and 2014.

His latest "baby" at the Faculty is the Medical Alumni Buddy Programme of which he is convener. The programme was set up to provide a mentoring and support network for undergraduates and young medical practitioners and to help cement the relationship between alumni and the Faculty.

Dr Siu holds many high professional positions - he is the Director of the Certificate Programme in Minimally Invasive Surgery, Department of Surgery, CUHK, an Honorary

Clinical Associate Professor of the Department of Surgery, CUHK, a former President of the Hong Kong Society of Upper Gastrointestinal Surgeons, and Council Member (and ex-President) of the Hong Kong Society of Minimal Access Surgery. He is presently an Honorary Consultant of the Hong Kong Sanatorium and Hospital, Honorary Consultant Surgeon in General Surgery of Pamela Youde Nethersole Eastern Hospital, Honorary Consultant Surgeon of the New Territories East Cluster hospitals, as well as Honorary Consultant of Hong Kong East Cluster Training Centre for Healthcare Management and Clinical Technology.



▲ Professor Arthur Li (right) presenting the award to Dr Siu

KUDOS TO DR PETER PANG (彭志宏醫生, MBChB 1994) - RECIPIENT OF THE HUMANITARIAN SERVICE AWARD

Dr Peter Pang Chi-wang is an extraordinary specialist in plastic surgery. He has devoted much of his time helping the underprivileged who suffer from cleft lip and palate deformities.

In 1999, he joined what was then known as Operation Smile China Medical Mission. Since then, he has performed free surgeries on nearly one-thousand patients during some 40 missions to mainland China and other Southeast Asian countries and Africa and earned himself the title... "Guardian Angel".

Dr Pang knew that these patients were often discriminated by society, laughed at and ridiculed and he wanted to bring back the smiles to their faces.

In 2015, Operation Smile China was re-named Beam International Foundation and he became its chairman two years later. Under its flagship, he helped set up medical centres across China to provide free reconstructive surgeries and training for mainland doctors.

For his outstanding humanitarian work, he was presented with the Hong Kong Humanity Award in 2011. However,

Dr Pang's humanitarian efforts extend beyond medicine. He joined the Rotary Club of the New Territories in 2005 and rose to the position of District Governor (3450) in 2015.

He encouraged other clubs to help the disabled, promote health and launch education campaigns on sanitation and hygiene, maternity and childcare. He actively promoted peace through mediation and set up mediation courses for secondary school students. He is an accredited mediator himself.

He also uses his time, as a Rotarian, to empower youths by providing information on various jobs through career EXPOs, conducting mock interviews and helping them find job attachments.

He is a volunteer Medical Officer (Rank Officer V) of the Auxiliary Medical Service and is a strong advocate of organ donation, serving as a member of the Committee of Promotion of Organ Donation from 2016 to 2018.

Dr Pang has maintained ties with his alma mater and has held the post of Honorary Clinical Assistant Professor of the Department of Surgery, CUHK, since



▲ Dr Norman Leung (right) presenting the award to Dr Pang

2006 and was Chairman of The Chinese University of Hong Kong Medical Alumni Association from 1998 to 2000.

Dr Pang is also involved in other professional bodies - he is Vice Chairman of the Plastic Surgery Board, a council member of the Hong Kong Society of Plastic, Reconstructive and Aesthetic Surgeons, a member of the Editorial Board of the Federation of Medical Societies of Hong Kong, the 3rd Vice Chairman of the Lok Sin Tong Benevolent Society Kowloon and Panel Committee Chairman and Medical Advisor of the New Territories Chamber of Commerce.

▼ Dr and Mrs Pang with Professor Sydney Chung (centre)





GERALD CHOA MEMORIAL LECTURE CUM DINNER 2018

The 5th Gerald Choa Memorial Lecture cum Dinner was held on 9 November 2018 at the Happy Valley Clubhouse of the Hong Kong Jockey Club.

In his welcome address, Professor Francis Chan, Dean of the CUHK Faculty of Medicine paid tribute to the founding Dean of CUHK's Medical Faculty - the late Professor Gerald Choa, who kickstarted the Faculty and turned it into a world-class teaching institute of medicine.

The guest of honour was Professor Sydney Chung, Honorary Professor, Department of Surgery, CUHK. His lecture, "*Ramblings of an Itinerant Surgeon*" - a narrative about his experiences as a doctor in Papua New Guinea - kept the audience spellbound.

The highlight of the event was the presentation of the Faculty's inaugural Distinguished Medical Alumni Award to Dr Siu Wing-tai (MBChB 1989) and Dr Peter Pang (MBChB 1994). Dr Siu received the award for Global Achievement and Dr Pang, for Humanitarian Service (see p9-10).

Professor the Honourable Arthur Li and Dr Norman Leung awarded the shields to Dr Siu and Dr Pang respectively. Chan Sai-yiu (Medicine Year 4) and Ashley Wong (Medicine Year 6) read the citations of the awardees.

The Distinguished Medical Alumni Award was created to recognise our medical alumni's tireless efforts in carrying on the Faculty's tradition of excellence and their expansive role in the community.

A vote of thanks to Professor Arthur Li and Dr Norman Leung was given by Posey Wong (Medicine Year 6), a scholarship awardee of the Gerald Choa Memorial Fund.

Around 130 guests, including government officials, alumni and representatives from the medical and business sectors, attended the event.

The Gerald Choa Memorial Fund - set up in 2013 - has been supporting a variety of Faculty and student activities, including awarding scholarships.



UNVEILING CEREMONY OF “LEAVE A MARK” BRONZE NAMEPLATE

More than 70 guests comprising Professor Francis Chan, Dean of the Faculty of Medicine, medical alumni, donors, their families and friends, as well as medical students, gathered for the unveiling ceremony of “Leave A Mark” Bronze Nameplate on 5 November 2018. Professor Joseph Sung, Mok Hing Yiu Professor of Medicine, gave a speech entitled, *“To Serve Humbly, To Heal Wholeheartedly”*. The “Leave A Mark” ceremony is to commemorate donations by our medical alumni to the Gerald Choa Memorial Fund.

Participants also paid tribute to the late Dr Joanna Tse Yuen-man (MBChB 1992) - dubbed “Daughter of Hong Kong” - for her dedication and sacrifice during the fight against SARS in 2003. Her name was engraved on a bronze plate and her chair now sits in the Lecture Theatre at Lui Che Woo Clinical Sciences Building, Prince of Wales Hospital.

An artificial ginkgo tree, with messages written by secondary school pupils, our alumni and undergraduates to memorialise Dr Tse, will be displayed alternately at PWH and CUHK campus.

To continue the legacy of Professor Gerald Choa, the Founding Dean of the Faculty of Medicine, your support and generosity to “Leave a Mark” is greatly appreciated. The Gerald Choa Memorial Fund, with its scholarships and programmes, will support and educate our future doctors to become competent, humanistic and devoted professionals and serve the community with passion while continuing the legacy and values of the Faculty.



Medical alumni contributing HKD\$10,000 or more will be acknowledged with their name, engraved in bronze, on a chair in the Lecture Theatre.

For more details, please click here:



geraldchoa.med.cuhk.edu.hk/make_a_gift





INTRODUCTION OF FOUNDING PROFESSOR JOSEPH LEE



The Department of Anatomical and Cellular Pathology, CUHK, owes its start-up to none other than Professor Joseph Lee Chuen-kwun. Back then, his title was Professor of Morbid Anatomy.

Professor Lee had his roots in pathology in the US. After completing his medical studies at the University of Hong Kong in 1964, he left for the US a year later to do a rotating internship to study the fundamentals of American medical care. He then went on to a residency programme in Pathology at The Cornell University Medical College in New York.

He developed an interest in experimental medicine while at Cornell and later joined the University of Rochester's School of Medicine in upstate New York to carry out his postgraduate research on the characterisation of ferritin produced by transplantable hepatomas.

In 1970, he joined the University of Toronto to continue his residency training in Pathology and then at the Ontario Cancer Institute and Princess Margaret Hospital. In 1972, he returned to teach Pathology at Rochester, where he rose to the rank of Associate Professor of Pathology and Oncology.

Before returning to Hong Kong, he was Visiting Professor of the National Institutes of Health in Bethesda, Maryland and studied chromosomes at the Armed Forces Institute of Pathology, Washington, D.C.

By the time Professor Lee joined the new medical school at CUHK in 1982, he was already a very experienced and distinguished pathologist. He was Dean of

the Faculty of Medicine for two terms, from 1986 to 1989 and between 1996 and 1999.

Dr May Yu, Consultant, Honorary Clinical Associate Professor, at Prince of Wales' Department of Anatomical and Cellular Pathology says Professor Lee was a kind and gentle teacher and boss. "We had little interaction when he was the Chief-of-Service and chairperson of the department," she recalls. "But whenever I asked for his help, he would usually respond very quickly. I also remember that he loved to examine gross specimens, and he could tell - by just smelling - which lung specimen showed aspiration pneumonia."

Her colleague Dr Paul Choi, Consultant, Honorary Clinical Associate Professor, described Professor Lee as "very respectable". "He was always calm and had a sense of humour - something that I learned from him. He was also philosophical and could lecture for one whole hour based on just one transparency (slide)."

Professor Lee left PWH in 1999 to explore other career options.

CU MEDICAL ALUMNI BUDDY PROGRAMME

The months leading to the end of 2018 were a flurry of activities for the CU Medical Alumni Buddy Programme (MABP). There were career talks on internal medicine on 10 October 2018 and surgery on 30 November 2018, where specialist doctors spoke of their experiences. These talks were geared to help students make informed decisions about their future specialty.

For pre-clinical year students, a talk held on 22 October 2018, centred around tips and advice on spot tests and viva voce.

To cap the year, a tea gathering among buddies, students and O Camp organisers (affectionately known as Jobama - a Cantonese version of group father and mother), was held on 1 December 2018. Their mission - to discuss the further development of MABP.

The number of fans of the Facebook fanpage of CU Medic Buddies has increased to over 2,800.



SILVER JUBILEE REUNION OF CLASS 1993

The MBChB Class of 1993 has held a memorable reunion gathering. Around 100 alumni, including family and friends, turned up for the event on 24 November 2018.

The highlight was a buffet, which included the signature dishes of small cupcakes and lemon pies from Medic Canteen, at the covered piazza between University Science Centre and Choh-Ming Li Basic Medical Sciences Building (BMSB) on CUHK campus.

They also visited Ching Kai Lecture Hall to reminisce about their student days and take photos.



ARTICLE AND PHOTO CONTRIBUTION

For all those who love to write ... here is your chance.

Send us stories about your memorable experiences such as a new move in your career and life or how joyous you felt when you won a prize or an award - just anything interesting you think is worth sharing with us.

Articles can be in English or Chinese (approx: 500 words). Photos are welcome.

Only selected stories by the Editorial Board will be published.

Send your articles to:  medical_alum@med.cuhk.edu.hk

** Please provide ① your name ② graduation year ③ email ④ contact numbers



DISTINGUISHED MEDICAL ALUMNI AWARD 2019 THE CHINESE UNIVERSITY OF HONG KONG

The nomination for The Distinguished Medical Alumni Award 2019 is now open.

The Award is aimed at recognising Alumni who have made outstanding contributions to the community as a whole and will be based on at least three criteria - Global Achievement, Humanitarian Service and Cultural Accomplishment.



CALL FOR NOMINATION

Nomination closes on
26 April 2019!

For more details:
www.med.cuhk.edu.hk

