

2. Triangle Inequality on the real line.

Lemma (5).

Suppose x, y are real numbers. Then $x^2 + y^2 \geq 2xy$. Equality holds iff $x = y$.

Proof. Suppose x, y are real numbers. We have $(x^2 + y^2) - 2xy = (x - y)^2$.

- (a) Since x, y are real, $x - y$ is real. Then $(x - y)^2 \geq 0$. Therefore $x^2 + y^2 \geq 2xy$.
- (b) i. Suppose $x = y$. Then $(x^2 + y^2) - 2xy = (x - y)^2 = (x - x)^2 = 0$. Therefore $x^2 + y^2 = 2xy$.
- ii. Suppose $x^2 + y^2 = 2xy$. Then $0 = (x^2 + y^2) - 2xy = (x - y)^2$. Therefore $x - y = 0$. Hence $x = y$.

Theorem (6). (Triangle Inequality on the real line.)

Suppose u, v are real numbers. Then $|u + v| \leq |u| + |v|$. Equality holds iff $uv \geq 0$.

Proof.

Suppose u, v are real numbers.

Then $(|u| + |v|)^2 - |u + v|^2 = (|u| + |v|)^2 - (u + v)^2 = (|u|^2 + |v|^2 + 2|u||v|) - (u^2 + v^2 + 2uv) = 2(|uv| - uv)$. (Why?)

- (a) We have $uv \leq |uv|$. Then $(|u| + |v|)^2 - |u + v|^2 \geq 0$.
Therefore $|u + v|^2 \leq (|u| + |v|)^2$.
Since $|u + v| \geq 0$ and $|u| + |v| \geq 0$, we have $|u + v| \leq |u| + |v|$.
- (b) i. Suppose $uv \geq 0$. Then $|uv| = uv$. Therefore $(|u| + |v|)^2 - |u + v|^2 = 0$. Hence $|u + v| = |u| + |v|$.
- ii. Suppose $|u + v| = |u| + |v|$. Then $(|u| + |v|)^2 - |u + v|^2 = 0$. Therefore $|uv| = uv$. Hence $uv \geq 0$.

Remark.

An alternative argument for this result starts in this way:

Suppose u, v are real numbers. Then u, v are both non-negative, or u, v are both non-positive, or (one of u, v is non-negative and the other is non-positive).

Now argue ‘case by case’.

Corollary (7). (Corollary to Triangle Inequality on the real line.)

Suppose s, t are real numbers. Then $||s| - |t|| \leq |s - t|$. Equality holds iff $st \geq 0$.

3. Appendix: Triangle Inequality on the plane.

Theorem (6) can be regarded as a special case of Theorem (8). (There are ‘higher-dimensional analogues’ of this result.)

Theorem (8). (Triangle Inequality on the plane.)

Suppose u, v, s, t are real numbers. Then $\sqrt{(u + s)^2 + (v + t)^2} \leq \sqrt{u^2 + v^2} + \sqrt{s^2 + t^2}$. Equality holds iff $(ut = vs$ and $us \geq 0$ and $vt \geq 0)$.

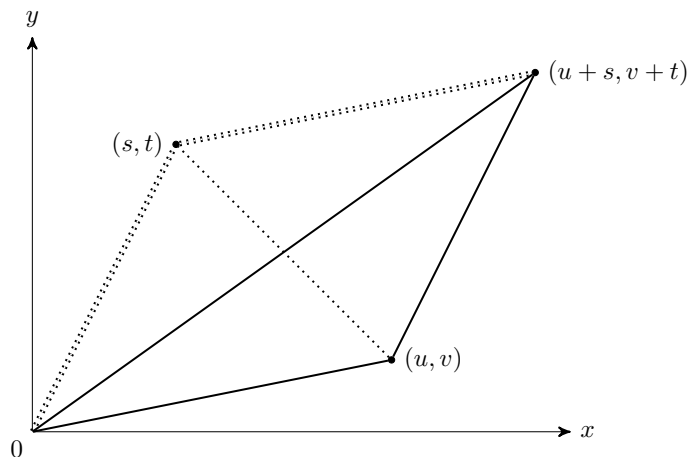
Remark. This is the geometric interpretation of Theorem (8) on the coordinate plane:

Consider the parallelogram whose vertices are $(0, 0)$, (u, v) , (s, t) , $(u + s, v + t)$.

The line segment joining $(0, 0)$, (u, v) has length $\sqrt{u^2 + v^2}$. The line segment joining (u, v) , $(u + s, v + t)$, which is the same as the distance between $(0, 0)$, (s, t) , has length $\sqrt{s^2 + t^2}$. The line segment joining $(0, 0)$, $(u + s, v + t)$ is of length $\sqrt{(u + s)^2 + (v + t)^2}$.

The sum of the first two lengths is expected to be no shorter than the last. But this is expected: the three line segments are the three sides of the triangle with vertices $(0, 0)$, (u, v) , $(u + s, v + t)$.

Equality holds exactly when the three points (u, v) , (s, t) , $(u + s, v + t)$ are on the same ‘half-line’ with endpoint at the origin $(0, 0)$.



Proof. Postponed. (The ‘classical method’ is to first prove the *Cauchy-Schwarz Inequality*, of which Lemma (4) may be regarded as a special case, and then obtain the Triangle Inequality as a corollary.)