

## Resume

**Prof. Timothy Leung Yuk Ki**, Associate Professor of Practice in Social Work at the Department of Social Work, Chinese University of Hong Kong, is an experienced practitioner, trainer, social worker and counsellor with extensive experiences in counselling services and conducting groups/workshop on cognitive behavioural therapy, gambling treatment, gestalt therapy, stress management, growth groups, team building, family education and experiential learning. His group format combines arts, experiential learning, mindfulness practice, cognitive behavioural interventions and Gestalt approach in working with clients having pain problems, insomnia, interpersonal difficulties, earthquake survivors, cancer patients, couples, gamblers, as well as families.

He has conducted training and workshops for HKCSS, HKSWA, RTHK, Hospital Authority, MTR, Caritas, HKFWS, Lutheran Social Service Centre, Hong Kong Productivity Council, Equal Opportunities Commission, MTR, Mandatory Provident Scheme Authority, Campbell Soup Asia Limited, Cathay Pacific Ltd, Ikea and many other schools and organizations. He has been invited to conduct workshops for TV documentary programmes on "Parenting" (愛子方程式) and "EQ Formula" (EQ 方程式). He is one of the consultants and speakers for family education programs (親親孩子心) produced by RTHK. He is the editor in chief on social work group series promoting group work practices in Chinese communities.

### Areas of Interests

Gestalt Therapy, Cognitive Behavioural Therapy, Emotion focused intervention, Integrated Social Work Practice, Therapeutic Group Work and Family Education for families, couples, individuals, gamblers and their spouses.

### Qualification

B Soc. Science (CUHK) MSW (HKU) , PhD (CUHK), RSW

### Award

Exemplary Teaching Award of Faculty of Social Science, The Chinese University of Hong Kong (2006-7)

## Current Research Project

Investigator(s)	Project Title	Source of Funding	Duration	Amount (HK\$)
P1: Ma Lai-chong Co-1: Yau Ng Lai-tuen and Timothy Leung	Service model development for youth and their families at Jinan (in collaboration with Jiao Social Services Centre, Shandong)	Private Donation	9/2012 – 8/2014	\$150,000
PI Angela Wong Wai Ching Co-I Helen Fung Hoi Lam and Timothy Leung	Representations of Active Aging and Ageing-in-place: Elderly Participation and Cultural Intervention	Knowledge Transfer Project Fund, , The Chinese University of Hong Kong	1/2014 -12/2014	\$400,000
PI: Leung Yuk-ki Timothy	Evaluation on effectiveness of treatment group using Skills, Strategies, Learning and Development (SSLD) and Mindfulness practice on Chinese adults with insomnia	Madam Tan Jen Chiu Fund, Department of Social Work, The Chinese University of Hong Kong	2009--2012 2012-2014	\$20,000 Cost-neutral

Principal Investigator, Group Treatment Project under Family and Group Treatment Practice Centre, Department of Social Work, Chinese University of Hong Kong.

## Publication

陳偉業、盧浩元、梁玉麒及黃幹知編。(2015)《相入非扉－攝影為本活動與社工介入》。社會工作小組叢書。第八卷 香港: 策馬文創有限公司。

游達裕 梁玉麒、曾家達主編。(2014) 。《微光處處新篇》。香港：策馬文創

黃幹知、梁玉麒編著 (2014) 。《一齊玩斗：一百個發展性主題遊戲活動》。於社會工作小組叢書。梁玉麒、游達裕、黃幹知主編。香港：策馬文創。

Leung, G. S., Leung, Y.K., & Tuen Ng, M. L. (2013). An outcome study of

黃幹知、梁玉麒.編著 (2013)。《一呼百應：二百個訓練活動帶領技巧》。於社會工作小組叢書六。梁玉麒、游達裕、黃幹知主編。香港：策馬出版。

Leung Yuk Ki (2012) Gestalt as a way of being. Chemical Industry Press (CIP) China: Beijing. (Translated into Chinese by Longdi and Yau Kwok Wai)

黃幹知、梁玉麒、劉有權.編著 (2012)。《一團和戲：一百三十個團隊遊戲帶領技巧》。於社會工作小組叢書四。梁玉麒、游達裕、黃幹知主編。香港：策馬出版。

黃幹知、梁玉麒.編著 (2012)。《一玩再玩：一百個熱身遊戲帶領技巧》。於社會工作小組叢書三。梁玉麒、游達裕、黃幹知主編。香港：策馬出版。

梁玉麒、游達裕、區結蓮、張敏思編著 (2011)。《千帆並舉：社會工作小組新貌》。於社會工作小組叢書一。梁玉麒、游達裕、黃幹知主編。香港：策馬出版。

冼鳳儀、陳嘉渝、梁玉麒、游達裕 (2011)。痛而不苦：「與痛同行」長者痛症管理小組。於《千帆並舉：社會工作小組新貌》。梁玉麒、張敏思、游達裕、歐結蓮編。香港：策馬出版。

梁玉麒、黃玉蓮、劉彩雲、麥海駒 (2011)。在「不賭不倒成長小組」中採用正念療法及完形治療。於《千帆並舉：社會工作小組新貌》。梁玉麒、張敏思、游達裕、歐結蓮編。香港：策馬出版。

梁玉麒、游達裕、區結蓮、張敏思 (2011)。香港社工小組工作前瞻。於《千帆並舉：社會工作小組新貌》。梁玉麒、張敏思、游達裕、歐結蓮編。香港：策馬出版。

黃幹知、梁玉麒.編著 (2011)。《舉一玩十：一種物資帶領多個遊戲》。於社會工作小組叢書二。梁玉麒、游達裕、黃幹知主編。。香港：策馬出版。

梁玉麒. (2011)。<「緩痛綠洲」計劃-參加者回饋及啟示>。《痛症管理-長者服務應用手冊》 第1版，頁 126-129。香港：基督教香港信義會社會服務部。

Leung Yuk Ki,Wong Yuk Lin,Dorcas Lau and Mak Kui Hoi (2011) Beyond Cognitive Behavioral Intervention: Use of Mindfulness and Gestalt Approach in a Treatment Group Working with Relapsed Male Gamblers in Hong Kong in Social Work Group Collections edited by Leung Yuk Ki, Cheung Man Sze, Yau Tat Yu and Au Kit Lin. Hong Kong: (In Chinese)

黃美菁，龍迪，梁玉麒，馬麗莊 (2010)。災難創傷的重建與社會工作教育的培訓。載於童星 及張海波編，*災害與公並管理：第四屆兩岸三地人文社科論*

壇論文集 (頁 207-213)。中國：南京大學出版社。

Leung Yuk Ki, with Renita Wong Yuk Lin and Dorcas Lau (2009). Behind the allure of gambling: A qualitative exploration of the existential yearnings of Chinese men with problem gambling in Hong Kong. *International Gambling Studies*.

Gao Jian Kuo, Adolf Tsang, Ivan Yau & Leung Yuk Ki (Eds.) (2009) Sparkles of Light (微光處處-28 位社会工作者的心理历程) China: (in Chinese)

Leung Yuk Ki, (2008). Social work with treatment groups in Hong Kong: Reflections and prospects. In *Chinese Social Work in Era of the Globalization*. (L. C. Ma, K. L. Tang & N. B. Ngai Eds.) Shanghai: Hibooks (in Chinese).

Adolf Tsang & Leung Yuk Ki (Eds.) (2006) Sparkles of Light 微光處處 Hong Kong: Social Workers' General Union. (in Chinese)

Leung Yuk Ki & Ivan Yau (2005). Book Review on Emotional Management and mental health. A cognitive-behavioural group intervention approach. *Hong Kong Journal of Social Work* 38 (1-2). 187-190.

Leung Yuk Ki, Ng Lai Tuen, Yeung Ka Ching & Yau Tat Yu, (2005). Gender consideration in couple work: Reflections from social workers involved in marital counselling. In K. Young & Anita Chan (Eds.). *Marriage, Divorce and Remarriage: Professional Practice in the Hong Kong Cultural Context* Hong Kong: Hong Kong University Press.

Lam. C.W., Lam M. W. & Leung Yuk Ki, (2005). The changing nature and ideology of marriage in Hong Kong. In K. Young & Anita Chan (Eds.). *Marriage, Divorce and Remarriage: Professional Practice in the Hong Kong Cultural Context* Hong Kong: Hong Kong University Press.

Leung Yuk Ki, (Nov. 28, 2004) Reward & Punishment (免被懲罰) published on Ming Po Daily

Leung Yuk Ki, (Dec. 12, 2004) Power Struggle (有理說得清) published on Ming Po Daily

Leung Yuk Ki, (Dec. 26, 2004) Attention Seeking (引人注意) published on Ming Po Daily

Chan Ko Ling, Yeung Ka Ching, Chu Chi Keung, Tsang Kar Yee, Leung Yuk Ki (2002). An evaluative study on the effectiveness of a parent-child parallel group model. *Research on Social Work Practice*, 12 (4), 546-557.

Yeung Ka Ching, Yau Tat Yu, Leung Yuk Ki (Eds.). (2001). *The way to solutions: A guide to solution focused therapy*. Hong Kong: Hong Kong University Press (in Chinese).

Chu Chi Keung, Yau Tat Yu, Leung Yuk Ki, (2001) Introduction to solution focused therapy. In Yeung Ka Ching, Yau Tat Yu, Leung Yuk Ki (Eds.). *The way to solutions: A guide to solution focused therapy*. Hong Kong: Hong Kong University Press. (In Chinese)

Nancy Rhind, Leung Yuk Ki Timothy & Felix Choi (1999). Child sexual abuse in Hong Kong: Double victimization? *Child Abuse & Neglect*, 23 (5), 511-517.

Leung Yuk Ki Timothy & Amarantha Yip Yun Wan (1996). Profile of cases with spouses having extra-marital affairs in mainland China and implications. In Staff Occasional Paper Series No. 2. Hong Kong: Hong Kong Family Welfare Society

Nancy Rhind, Tabitha Ho & Leung Yuk Ki Timothy (Eds). (1994). *Empowering families - A collection of concepts and methods*. Hong Kong: Hong Kong Family Welfare Society.

Leung Yuk Ki Timothy (1994). Embattled couples: Using cognitive behavioural therapy. In Nancy Rhind, Tabitha Ho & Leung Yuk Ki Timothy (Eds). *Empowering Families - A collection of concepts and methods*. Hong Kong: Hong Kong Family Welfare Society.

Leung Yuk Ki Timothy et. al. (1993). Heterosocial Skills Training: An Application in group. *Hong Kong Journal of Social Work*, 27,(1), 11-19.

Leung Yuk Ki Timothy (1991). Behavioral Marital Therapy for a couple with severe marital conflict. *Hong Kong Journal of Social Work*, 25, 43-51.

### **Social Services –Positions held**

Chairperson, Board of Directors of Y Space, a professional modern dance troupe under annual subvention and sponsorship from Hong Kong Arts Development Council (2011-present)

Consultant for Aberdeen Kai Fong Welfare Association Development and Training Center (2011 till now)

Board Member Jinan Christ Love Social Service Center (2011- now)

Honorary Consultant for Human Empowerment & Achievement Training (HEAT) Project of Caritas Family Services (2005 September till now)

Service Consultant for Caritas Project for Adult Survivors of Childhood Trauma (2015 Jan till Now)

Professional consultant for Caritas Family Crisis Support Centre: Tree of Soul: Trauma Resilience and Healing Project (1 Feb 2015 to 31 Jan 2017)

Chairperson, Gestalt Institute for Self Development & Training (2000 till now)

Social Welfare functional constituencies of the Electoral College HKSAR (2000 till now)

Committee member of Elderly Services Management Committee of Evangelical Lutheran Church Social Services Hong Kong (2014-now)

Curriculum reviewer for Family Education Panel, Logs Academy (2014-2016)