

The Chinese University of Hong Kong

Physical Education Unit

Required and Elective Physical Education Courses Assessment in 2020-21 First Term

To prevent infection by novel coronavirus, the Chinese University of Hong Kong decided to conduct online teaching for all P.E. courses in 2020-21 First Term. Regarding the required and elective P.E. courses assessment, students can choose either one of the following options:

- 1) Video / PowerPoint Presentation (40%) + Article (40%) + Attendance and Participation (20%);
or
- 2) *Practical examination (with one skill item to be assessed)(40%) + Article (40%) + Attendance and Participation (20%); or
- 3) *Practical examination (with two skill items to be assessed)(80%) + Attendance and Participation (20%)

The practical examination of the P.E. courses will be scheduled on 9 ,10 ,16 ,17 January 2021. If COVID-19 situation does not improve, PEU will announce on 6 November 2020 that the practical examinations will be **POSTPONED** to 10, 11, 17, 18 April 2020. Further announcement of all P.E. practical examinations **CANCELLATION** will be made on 15 March 2021 if the COVID-19 situation is still severe. Students will then have to submit video / PowerPoint presentation and article for their P.E. course assessment before 23:59:59 on 18 April 2020.

- *i). For Physical Conditioning classes' students, please select one from '1.5 /1Miles Run **or** Pull-ups/ Inclined pull-up' and 'Plank **or** Sit and Reach' for the examination. For Tai Chi, Yoga or Modern Dance classes' students, please perform series of movement or performance.
- *ii). If students in Physical Conditioning, Tai Chi, Yoga or Modern Dance classes choose the second option, the examination will count for 40% of your assessment. If the students choose the third option, the examination will count for 80% of your assessment.