

Basic Psychotherapy

基礎心理治療

This module will provide students with a solid grounding in psychological intervention, as applied to mental health care. The historical perspectives, theoretical basis, therapeutic process and practical applications of some commonly known psychotherapeutic approaches including Cognitive Behavioral Therapy, Psychoanalysis, Hypnosis, Group Therapy & Counseling will be discussed

Basic Psychotherapy
Study Period: 8/2 – 7/3/2020 (Every Saturday except public holidays)
Time: 1:30pm-6:15pm
Tuition Fee: HK \$9,000
Topic:
History and development of psychotherapy
Overview of psychotherapeutic approaches
Psychotherapy for personality disorders
Mindfulness based interventions
Psychodynamic approaches to psychotherapy
DBT and interpersonal therapy
Marital therapy
Family interventions
Bereavement counselling
Cognitive behavioural therapy - Theory and principles
Cognitive behavioural therapy - clinical approaches
Psychological intervention for severe mental disorders

Severe Mental Illness and Risk Assessments

重性精神病及風險評估

This module aims to equip students with an in-depth understanding of the multidisciplinary approach to the care for severe mental disorders ranging from Schizophrenic Spectrum Disorder, Bipolar Affective Disorder, Organic Psychotic/Mood Disorder, Substance-related Mental and Behavioral Disorders and Personality disorders.

Severe Mental Illness and Risk Assessments
Study Period: 14/3 – 6/6/2020 (Every Saturday except public holidays)
Time: 1:30pm-3pm
Tuition Fee: HK \$6,800
Topic:
Schizophrenic and related psychotic disorders I. diagnostic issues
Substance-related mental and behavioural disorders
Bipolar affective disorder and bipolar spectrum disorder : I. diagnostic issues
Bipolar affective disorder and bipolar spectrum disorder: II. assessment and management
Suicide and mental health
Organic psychotic/ mood disorders
Mental health ordinance
Case management approach and community rehabilitation for SMI
Risk assessment and prediction of violence
Introduction to forensic psychiatry
Schizophrenic and related psychotic disorders II. assessment and management

Old Age Psychiatry

長者精神健康

This module will equip students with basic knowledge and understanding concerning common mental health problems in late life. Assessment and management skills for mild cognitive impairment, dementia, delirium, depression, and adjustment problems will be introduced. Fundamentals of pharmacological and non-pharmacological intervention in the context of multi-disciplinary service models will be emphasized.

Old Age Psychiatry
Study Period: 18/4 – 30/5/2020 (Every Saturday except public holidays)
Time: 3:15pm-6:15pm
Tuition Fee: \$6,800
Topic:
Pharmacotherapy for old age psychiatric problems
Non-pharmacological interventions in old age psychiatry
Mental capacity and consent to treatment
Community service for the frail elderly and how to promote brain health
Dementia and mild cognitive impairment
Delirium in the Elderly
Innovative technologies in cognitive training
Service models and preventive aspects in psychogeriatric
Cognitive assessment for the elderly
Functional assessment for elderly
Carer interventions in elderly mental health problems
Guardianship and ethical issues
Vascular cognitive impairment
Depression in the elderly
Suicidal behaviours in the elderly

Child and Adolescent Psychiatry

兒童及青少年精神健康

This module aims to equip students with the knowledge and understanding of issues pertaining to children's mental health. A developmental perspective and multidisciplinary approach will be introduced. The assessment and management of common disorders ranging from neurodevelopmental problems, internalizing problems and externalizing problems will be covered. At the end of the module, students should have developed the basic skills in the identification of child and adolescent mental health problems, and be aware of the appropriate intervention strategies and services available.

Child and Adolescent Psychiatry

Study Period : 18/4 – 23/5/2020 (Every Saturday except public holidays)

Time: 3:15pm-6:15pm

Tuition Fee: \$6,800

Topic:

Childhood/adolescent onset psychotic disorders

Pharmacotherapy for child and adolescent psychiatric problems

Service delivery models in child and adolescent psychiatry

Child mental health assessment: developmental perspective, family approach and multidisciplinary approach

Externalizing problems: ADHD/ODD/CD

Pervasive development disorders

Specific learning difficulties

Child abuse and related issues

Eating disorders

Internalizing problems