



The Chinese University of Hong Kong Chung Chi College

「一人一體資助計劃」詳情 Be Active Programme Details

🌀 目標 🌀

透過資助鼓勵學院全日制同學參加認可非牟利機構開辦之**短期體育課程**（最少 4 節或 12 小時課堂），以增進同學對體育之認識，並強身健體、培養興趣。課程性質可為實踐性、技術性等。

🌀 資助課程 🌀

如體育課程屬下列情況：以函授或遙距模式教學、教授電腦軟件為主，則**不包括**在本計劃資助範疇以內。

🌀 資助認可之機構 🌀

- 1) 中國香港體育協會暨奧林匹克委員會轄下之本地體育總會（[本地體育總會名單](#)）
- 2) 香港非牟利團體（此網站可供參考：[香港非牟利機構及非政府機構目錄](#)）

🌀 資助詳情 🌀

出席率：須達百分之八十或以上，方可申請資助。

津貼：每項申請津貼上限為課程學費之百分之七十，或港幣一千元（以較低資助額為準）。課程以外之材料費、器材費或其他雜費一律不包括於本計劃資助範圍之內。

名額：每年 200 位

申請上限：申請次數與修業年相同。即修讀四年制課程之同學可獲資助之課程數目不多於四項。

申請日期：畢業班同學所報讀之體育課程須於其畢業年度之 7 月 31 日或以前完結，方可申請有關資助；如同學於最後修業年之上學期畢業，所報讀之體育課程須於 12 月 31 日或以前完結，始可申請有關資助。

🌀 申請程序 🌀

同學自行報讀感興趣之體育課程，並查明主辦機構是否屬本資助計劃認可之類別。如查找後仍不能確定，請於報名前先向本計劃負責職員查詢。

同學須於課程結束後**兩個月內**遞交資助計劃申請。請備妥以下文件，親身到龐萬倫學生中心四樓學生輔導處辦理：

- 1) 填妥之「『一人一體資助計劃』申請表格」（申請表格可於[本計劃網頁](#)下載）
- 2) 課程學費收據正本
- 3) 課程機構所發之出席證明書（亦接受電子檔）
- 4) 課程大綱（亦接受電子檔）
- 5) 課後感言及相片/短片（亦接受電子檔）

- 中英均可；字數方面，中文不少於 200 字，英文不少於 150 字；相片數量不限；短片採用 mp4 格式，長短不限

經核對同學提交之資料、並確認同學報讀之體育課程符合有關計劃之規定後，本計劃將以銀行轉賬形式發放資助予申請人。

🌀 查詢 🌀

電話：周女士 3943-8010 / 吳女士 3943-6994

電子郵件：tammychow@cuhk.edu.hk / hauwanning@cuhk.edu.hk

地址：龐萬倫學生中心四樓崇基學生輔導處



掃描 QR code 連結
網頁及報名表格



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☯ Aim ☯

To enhance students' awareness and participation in sport activities and to develop interest, the programme subsidises Chung Chi students to attend short-term sport courses (minimum 4 sessions or 12 hours lessons for each course). Course format can be practical, technical, etc.

☯ Courses subsidized ☯

Distance Education, learning computer software, etc. would not be considered for the subsidy.

☯ Authorised institutions/ Organisers ☯

- 1) National Sports Associations under the Sports Federation & Olympic Committee of Hong Kong, China (list of [National Sports Associations](#))
- 2) Non-Profit making organisations in Hong Kong (here is a website for reference: [HKNGO](#))

☯ Subsidy details ☯

Attendance: Only students with attendance record of 80% or above can apply for the subsidy.

Subsidy: The maximum subsidy is 70% of the Tuition fee or HK\$1000, whichever lower. Other miscellaneous fees required will not be included in the scheme.

Quota: 200 per year

The maximum number of application: equals to the normative study period (NSP). i.e. Student with NSP of 4 years can apply for subsidy for at most 4 courses.

Application period: For graduated year student the sport course must end on or before 31 July. For graduated year student who graduated in first semester, the sport course must end on or before 31 December.

☯ Application ☯

Students should enroll for the sport course themselves, and check closely to see whether the institutions /organisers fall within the scope of the subsidy. If you are still uncertain about the nature of the institutions /organisers, please contact the responsible staff at college and check with them.

Please bring the following documents in person to Dean of Students' Office **within 2 months after course completion**.

- 1) The filled application form of "Be Active" (The application form can be downloaded from [our webpage](#))
- 2) The original receipt of the sport course fee
- 3) The attendance certification (e-copy is also accepted)
- 4) The course outline (e-copy is also accepted)
- 5) A reflection, some photos or a video related to the course (e-copy is also accepted)
 - Either in English or Chinese; English: > 150 words; Chinese: > 200 words; no. of photos: optional; video format: mp4, length: optional

After verifying the eligibility and required documents, the subsidy will be issued by bank transfer.

☯ Enquiry ☯

Tel: Ms. Tammy Chow 3943-8010 / Ms. Ng Hau Wan 3943-6994

Email: tammychow@cuhk.edu.hk / hauwanng@cuhk.edu.hk

Address: Dean of Students' Office, CCC, 4/F, Pommerenke Student Centre



Scan the QR code for
details and application form