

CURRICULUM VITAE

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Education

Year	Qualifications Obtained	Institutions
2016-2017	Graduate Diploma in Mental Mental Practice	Caritas Institute of Higher Education
2007-2010	Master of Social Science in Social Work	The Chinese University of Hong Kong
2001-2005	Bachelor of Laws (Hons) Degree London	University of
1989-1993	Bachelor of Social Science (Hons) Degree (major in Journalism)	The Chinese University of Hong Kong

Academic awards

Year	Awards
2010	Distinguished Academic Scholarship for Master of Social Science in Social Work, CUHK
2009	Distinguished Academic Scholarship for Master of Social Science in Social Work, CUHK

Professional Qualification

Registered Social Worker (Category 1), since 2010

Work Experience

Agency	Post	Period
The Chinese University of Hong Kong	Lecturer Fieldwork Coordinator (BSSc Program)	12/2020 - Now
The Chinese University of Hong Kong	Fieldwork Supervisor (Part-time)	09/2018 - 12/2020
The Hong Kong Polytechnic University	Fieldwork Instructor (Part-time)	09/2018 - 12/2020
New Life Psychiatric Rehabilitation Association (Shatin ICCMW)	Social Worker (Half-time)	01/2019 - 12/2020
TWGHs (Hong Kong Island ICCMW)	Social Worker I (Half-time)	01/2017 - 11/2018
New Life Psychiatric Rehabilitation Association (YTM)	Social Worker	08/2011 - 12/2016
Hong Kong Unison Limited	Project Officer	12/2008 - 11/2010
Commercial Radio	Assistant Producer	06/2005 - 12/2006
Legislative Councilor Audrey Eu Yuet-mee	Assistant	01/2001 - 09/2006
Hong Kong Economic Journal	Reporter	11/1997 - 03/2000

Lingnan College (now Lingnan University)	Executive Officer II	11/1996 - 08/1997
Oriental Daily News	Reporter r	07/1995 - 08/1996
Ming Pao	Reporter	07/1993 - 01/1995

Courses taught at the Chinese University of Hong Kong

Courses	Year
Student Oriented Teaching II (SOWK 4020C)	2020/21 (2 nd term)
Social Work Field Laboratory (SOWK 2430)	2020/21 (2 nd term)
Social Casework (SOWK 2210), Teaching Assistant	2020/21 (1 st term)
Social Casework (SOWK 2210), Teaching Assistant	2019/20 (1 st term)

Other information

- Having been a consultant for Concord Mutual Aid Alliance (康和互助社聯盟), since 2015
- Having been a columnist for online media, Citizen News (眾新聞), since June 2018
- Having been a committee member for the Hong Kong Recovery and Strengths Perspective Social Work Association (香港復元與優勢觀點社會工作協會), since 2018
- Holding a preplacement workshop for social work students in Hong Kong Community College in 2019, on how to help service users better coping with impact of Covid-19
- Having been a voluntary trainer for the Hong Kong Social Workers' General Union since June 2019, about application of legal knowledge in frontline social work practice

- Holding staff training for rehabilitation services run by Po Leung Kuk in 2019 and 2020, about application of recovery and strengths perspective in frontline work practice
- Holding volunteer training for a youth centre run by YMCA in 2019, about how to communicate with PIRs (Persons in recovery)
- Sharing with service users in a youth centre run by SKH in 2019, on how to differentiate mental health problems and illnesses
- Holding staff training for Christian Concern for the Homeless Association in 2018 and 2019, about how to work with homeless with mental health issues
- Sharing with service users and their family members in TWGHs ICCMW in 2018 and 2019, about mental health policy in Hong Kong and how to communicate with healthcare professionals in public hospitals
- Guest speaker for undergraduate social work students in Hong Kong University in 2018 and 2019, on the course of law and social work
- Sharing with staff and service users in New Life Psychiatric Rehabilitation Association in 2018, on how to conduct advocacy work in the mental health sector
- Sharing with service users and their family members in the Hong Kong Society for the Blind in 2018, about mental health issues
- Sharing with readers of Big Silver Magazine (大銀雜誌) in 2018, to facilitate for better understanding on mental health issues and community resources available
- Sharing with assistants to Legislative Councilors on how to communicate and work with PIRs and community resources available in 2017
- Holding staff training for an elderly service unit run by Saint James on community mental services and how to handle elderly people with mental health issues in 2016