

# Supervised Child-centered Play Therapy Experience<sup>#</sup>

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B.Soc.Sc. & M.Ed.

**#Previously named as Practicum Course on Child-centered Play Therapy**

## Introduction

This course is a continuation of the basic training program on child-centered play therapy organized by the Department of Social Work of CUHK. It aims to develop greater practice competence in counseling professionals who are interested in using the therapy.

## Objectives

1. To encourage participants to practise child-centered play therapy with children.
2. To develop participants' practice competence in using the therapy in the following aspects:
  - (a) sensitivity in identifying children's significant play behaviours,
  - (b) refinement of micro-skills and techniques,
  - (c) expansion of varieties of facilitative responses,
  - (d) handling of various issues in the play therapy process,
  - (e) self-reflexive abilities.

## Target Participants

1. Helping professionals who
  - (a) have attended a basic course (4-day or 5-day workshop) on child-centered play therapy conducted by Ms Lottie Lau, and
  - (b) will surely be able to attend the pre-course meeting.
2. Each practicum group will consist of a maximum of 18 participants.

## Contents & Formats

### Part One: Pre-course meeting

1. Discussions and quiz on assigned readings;
2. Issues in starting play sessions with children;
3. Ethical considerations in videotaping the sessions;
4. Confirmation of participants' videotape presentation schedules in the course.

### Part Two: Course Meetings

1. Participants' videotape presentations on special playtime using CCPT principles and skills;
2. Trainer's feedback on participants' presentations;
3. Class discussions on children's play behaviours and the therapist's facilitative responses.

## Course Requirements (Conditions for Certificate of Attendance)

Each participant will be required to:

1. attend the pre-course meeting\*;
2. submit a reflection paper on required readings (Landreth, 2012) to the trainer (by email to [cpe@swk.cuhk.edu.hk](mailto:cpe@swk.cuhk.edu.hk)) at least two weeks before the pre-course meeting (readings will be announced in the course confirmation email);
3. complete assigned readings in preparation for class discussions (readings will be sent to accepted applicants together with course confirmation email);
4. conduct at least 4 videotaped special play sessions\*\*, using CCPT principles and skills, outside the course hours;
5. do 2 rounds of video-presentations, during the course time, on the play sessions conducted, and submit presentation notes beforehand.

\* Absentees of the pre-course meeting due to unexpected circumstances are required to:

- a) notify the course coordinator as soon as possible before the meeting and suggest a date on which they can present their tape(s), and,
- b) come to the Department to listen to the tape on the pre-course meeting within two weeks from the date of the pre-course meeting.

\*\* The children shown in the videotape do not necessarily have to be in treatment. They can be well-adjusted children.

## Trainer

Ms Lottie LAU is a pioneer who has introduced and cultivated the approach of Child-centered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her Bachelor social work degree from the Chinese University of Hong Kong. After that, she pursued her postgraduate counseling study in The University of North Texas, where she specialized in learning Child Centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar who developed the therapy based on Virginia Axline's nondirective approach.

Ms LAU has accumulated more than 25 years of clinical experience in counseling work. She has been particularly keen and well versed in steering psychological healing in emotionally disturbed children by means of Child Centered Play Therapy. In the 1990s, in addition to her formal teaching in tertiary education, Ms LAU began to spread the concept of Child-centered Play Therapy by pioneering systematic training programs on the therapy. Over the years, she has laid down the cornerstone of the therapy in the local scene through hundreds of related training programs conducted with continual up-to-date refinement. Accumulatively, Ms LAU has delivered her basic training courses to 9000 helping professionals and parents. She has received numerous positive comments and her courses have always been fully enrolled with unreserved recommendations from participants.

## Course Details

### Pre-course Meeting ( 3 hours)

Date Dec 23, 2020 (Wed) 9:30a.m. - 12:30p.m.  
Venue The Chinese University of Hong Kong  
\* Depending on actual operational need, the meeting may adopt face-to-face or online teaching, or both.

### 11 Course Meetings ( 36 hours)

Date Mar 6, 2021 (Day 1) (Sat) 10:00a.m. - 1:15p.m. & 2:15p.m. - 5:30p.m.  
Mar 13, 2021 (Day 2) (Sat) 9:30a.m. - 12:45p.m. & 1:45p.m. - 6:15p.m.  
Mar 20, 2021 (Day 3) (Sat) 9:30a.m. - 12:45p.m. & 1:45p.m. - 5:40p.m.  
Mar 27, 2021 (Day 4) (Sat) 9:30a.m. - 12:30p.m.  
Apr 1, 2021 (Day 5) (Thu) 10:00a.m. - 1:00p.m. & 2:15p.m. - 5:15p.m.  
Apr 8, 2021 (Day 6) (Thu) 10:00a.m. - 1:00p.m. & 2:15p.m. - 5:30p.m.

Venue The Chinese University of Hong Kong  
Language Cantonese (Supplemented with English) Class Size 18 participants  
Course Fee HK\$7,260  
Discount Scheme 10% (HK\$6,534) discount for Early Bird Registration  
(on or before Nov 4, 2020) 20% (HK\$5,808) discount for CUHK Department of Social Work's members (Current SWK staff, current SWK students, SWK Alumni Association members, or CPE members)  
Application Deadline Dec 3, 2020  
CPD Points for Registered Social Workers : 39

### Application Methods

- Send the following **application form with a crossed cheque payable to 'The Chinese University of Hong Kong'** to CPE, the Department of Social Work, CUHK, Shatin, N.T. Hong Kong.
- Register the workshop online via our website: <https://web.swk.cuhk.edu.hk/en-gb/continuing-professional-education/programmes-information>

## Application Form

**CE20201223**

### Personal Particulars

Full Name:  Mr.  Ms. (English) \_\_\_\_\_ (Chinese) \_\_\_\_\_ (Nickname) \_\_\_\_\_  
Organization: \_\_\_\_\_ Position: \_\_\_\_\_ Tel (m) : \_\_\_\_\_ Tel (o): \_\_\_\_\_  
Email: \_\_\_\_\_ Academic training background: \_\_\_\_\_ Highest education level: \_\_\_\_\_  
Number of years working with children: \_\_\_\_\_

### Course on Child-centered Play Therapy Previously Attended (Please attach a copy of the attendance certificate):

4-day workshop  5-day workshop ; Date (mm/yy): \_\_\_\_\_ Organizer: \_\_\_\_\_

Have you ever attended any relevant practicum courses?  No  Yes (Date: \_\_\_\_\_ Organizer: \_\_\_\_\_ )

### Payment Information

# Please delete as appropriate

 Please tick appropriate box(es)

Cheque No. : \_\_\_\_\_ Bank name : \_\_\_\_\_ Amount :  HK\$7,260  HK\$ 6,534  HK\$5,808

Membership :  No  Yes, if Yes, # Staff ID/ Student ID/ Alumni Association ID/ CPE Membership No.: \_\_\_\_\_

### Terms and Conditions

**I am committed to attending the pre-course meeting.** (Absentees or late participants to the pre-course meeting will have to arrange another time slot during office hour to watch meeting recording at the Department of Social Work, 5/F, T.C. Cheng Building, United College, CUHK)

**I acknowledge that I have read and agree to the above Terms and Conditions, and Course Requirements (Conditions for Certificate of Attendance) on page 1.**

- Application will be accepted on a first-come-first-served basis.
- Email notification on application status will be sent only when application and payment have been received by CPE, please contact us if you do not receive any notification after 7 days.
- Application will be regarded as successful only when confirmation email has been issued.
- Cancellation of courses will be announced via email at least one week before the commencement of the course. No separate notification will be issued by post.
- Course fee is non-refundable or non-transferable to other course once the enrollment is confirmed.
- Receipt of application fee will be issued on the first day of the course and payment method will be indicated on the receipt.
- The training materials of the program, including its lecture notes, worksheets, power-point slides, and demonstration videotapes, were prepared by the trainer and all materials contained therein are the property of the trainer. No reproduction of any pieces of these training materials is allowed without the permission of the trainer and Continuing Professional Education (CPE).
- Certificate of Attendance will be given to participants who have attended at least 80% of the course. (For Five-day Basic Training on Child-centered Play Therapy, 90% attendance is needed)
- No form of recording, including audio- or video-recording, during the training program is allowed without prior permission by the trainer and the Continuing Professional Education, Department of Social Work, The Chinese University of Hong Kong.
- If Storm Warning Signal No. 8 or above, or Black Rainstorm Warning Signal or the announcement of "extreme condition" by the Government after super typhoons is issued by 7am, the lesson will be cancelled. Details of postponement or other arrangements will be announced afterwards.
- Personal data provided on application forms are used by only for enrollment, course administration and future promotion purposes. All personal data collected will be treated as strictly confidential. Under the provision of the Personal Data (Privacy) Ordinance, applicants have the right to request access to and make correction of their personal data. Applicants wishing to make amendments on personal data should submit written requests to CPE by email to [swkcpce@cuhk.edu.hk](mailto:swkcpce@cuhk.edu.hk).
- All changes and amendments are subject to the respective course and the final decision of organiser.