Supervised Child-centered Play Therapy Experience

Ms Lau Suet Ha, Lottie

B.Soc.Sc. & M.Ed.

#Previously named as Practicum Course on Child-centered Play Therapy

Introduction

This course is a continuation of the basic training program on child-centered play therapy organized by the Department of Social Work of CUHK. It aims to develop greater practice competence in counseling professionals who are interested in using the therapy.

Objectives

- 1. To encourage participants to practise child-centered play therapy with children.
- 2. To develop participants' practice competence in using the therapy in the following aspects:
 - (a) sensitivity in identifying children's significant play behaviours,
 - (b) refinement of micro-skills and techniques,
 - (c) expansion of varieties of facilitative responses,
 - (d) handling of various issues in the play therapy process,
 - (e) self-reflexive abilities.

Target Participants

- 1. Helping professionals who
 - (a) have attended a basic course (4-day or 5-day workshop) on child-centered play therapy conducted by Ms Lottie Lau, and
 - (b) will surely be able to attend the pre-course meeting.
- 2. Each practicum group will consist of a maximum of 18 participants.

Contents & Formats

Part One: Pre-course meeting

- 1. Discussions and quiz on assigned readings;
- 2. Issues in starting play sessions with children;
- 3. Ethical considerations in videotaping the sessions;
- 4. Confirmation of participants' videotape presentation schedules in the course.

Part Two: Course Meetings

- 1. Participants' videotape presentations on special playtime using CCPT principles and skills;
- 2. Trainer's feedback on participants' presentations;
- 3. Class discussions on children's play behaviours and the therapist's facilitative responses.

Course Requirements (Conditions for Certificate of Attendance)

Each participant will be required to:

- 1. attend the pre-course meeting*;
- submit a reflection paper on required readings (Landreth, 2012) to the trainer (by email to cpe@swk.cuhk.edu.hk) at least two weeks before the pre-course meeting (readings will be announced in the course confirmation email);
- complete assigned readings in preparation for class discussions (readings will be sent to accepted applicants together with course confirmation email);
- conduct at least 4 videotaped special play sessions**, using CCPT principles and skills, outside the course hours;
- do 2 rounds of video-presentations, during the course time, on the play sessions conducted, and submit presentation notes beforehand.
- * Absentees of the pre-course meeting due to unexpected circumstances are required to:
- a) notify the course coordinator as soon as possible before the meeting and suggest a date on which they can present their tape(s), and,
- come to the Department to listen to the tape on the pre-course meeting within two weeks from the date of the pre-course meeting.
- ** The children shown in the videotape do not necessarily have to be in treatment. They can be well-adjusted children.

Trainer

Ms Lottie LAU is a pioneer who has introduced and cultivated the approach of Child-centered Play Therapy in Hong Kong since the early 1990s.

Ms LAU received her Bachelor social work degree from the Chinese University of Hong Kong. After that, she pursued her postgraduate counseling study in The University of North Texas, where she specialized in learning Child Centered Play Therapy from Dr Garry Landreth, an internationally renowned scholar developed the therapy Virginia Axline's based on nondirective approach.

Ms LAU has accumulated more years of clinical than 25 experience in counseling work. She has been particularly keen and well versed in steering psychological healing emotionally disturbed children by means of Child Centered Play Therapy. In the 1990s, addition to her formal teaching in tertiary education, Ms LAU began to spread the concept of Child-centered Play Therapy by pioneering systematic training programs on the therapy. Over the years, she has laid down the cornerstone of the therapy in the local scene through hundreds of related training programs conducted with continual up-todate refinement. Accumulatively, Ms LAU has delivered her basic training courses to 9000 helping professionals and parents. She has received numerous positive comments and her courses have always been fully enrolled with recommendations unreserved from participants.



| Pre-course Meeting (3 h | • | 2.45 5.45 | | |
|---------------------------|---|---|--|--|
| Date | Mar 8, 2021 (Mon) | 2:45p.m 5:45p.m. | | |
| Venue | The Chinese University of Hong Kong | | | |
| | * Depending on actual operational need, the meeting may adopt face-to-face or online teaching, or both. | | | |
| 11 Course Meetings (36 | hours) | | | |
| Date | May 12, 2021 (Day 1) (Wed) | 9:30a.m 12:45p.m. & 1:45p.m 5:00p.m. | | |
| | May 26, 2021 (Day 2) (Wed) | 9:30a.m 12:45p.m. & 1:45p.m 6:15p.m. | | |
| | Jun 2, 2021 (Day 3) (Wed) | 9:30a.m 12:45p.m. & 1:45p.m 5:40p.m. | | |
| | Jun 9, 2021 (Day 4) (Wed) Jun 16, 2021 (Day 5) (Wed) | 10:00a.m 1:00p.m. & 2:15p.m 5:15p.m. 9:30a.m 12:30p.m. | | |
| | Jun 23, 2021 (Day 6) (Wed) | 10:00a.m 1:00p.m. & 2:15p.m 5:30p.m. | | |
| Venue | The Chinese University of Hong Kong | | | |
| Language | Cantonese (Supplemented with English) | Class Size 18 participants | | |
| Course Fee | HK\$7,260 | | | |
| Discount Scheme | 10% (HK\$6,534) discount for Early Bird | 10% (HK\$6,534) discount for Early Bird Registration | | |
| (on or before Jan | 20% (HK\$5,808) discount for CUHK Department of Social Work's members (Current SWK staff, cur-ren | | | |
| 19, 2021) | SWK students, SWK Alumni Association members, or CPE members) [only applicable to register through POST | | | |
| Application Deadline | Feb 16, 2021 | | | |
| CPD Points for Registered | d Social Workers : 39 | | | |

Send the following **appl**i

| 2. Register the workshop online via our websi | te: https://web.swk.cuhk.edu.hk/en-gb/continu | uing-professional-education/programmes | information |
|--|---|---|---------------------------------------|
| | Application Form | | CE20210308 |
| Personal Particulars Full Name: Mr Ms (English) | (Chinese) | (Nickname) | |
| Tun Name. [1711. [1715. (English) | (Chinese) | (Nekhame) | |
| Organization: | Position: | _ Tel (m) : Tel (o): | |
| Email: A | cademic training background: | Highest education level: | · · · · · · · · · · · · · · · · · · · |
| Number of years working with children: | | | |
| ☐ 4-day workshop ☐ 5-day workshop; [| reviously Attended (Please attach a copy of Date (mm/yy):Organizer: | · | |
| Have you ever attended any relevant practicu | ım courses? No Yes (Date: | Organizer: |) |
| | # Please delete as appropriate ame : # Staff ID/ Student ID/ Alumni Association II | | 6,534 HK\$5,808 |
| | Terms and Condition | <u>s</u> | |
| during office hour to watch meeting record | re-course meeting. (Absentees or late particip ling at the Department of Social Work, 5/F, T.C. Ch agree to the above Terms and Condit | heng Building, United College, CUHK) | |
| Certificate of Attendance) on page | 1. | | |
| Application will be accepted on a first-come-first | -served basis. | | |
| • • | ent only when application and payment have been received | by CPE, please contact us if you do not receive an | y notification after 7 days. |
| 3. Application will be regarded as successful only v | | | |
| | nail at least one week before the commencement of the cou | irse. No separate notification will be issued by post | |
| | to other course once the enrollment is confirmed. rst day of the course and payment method will be indicated. | d on the receipt | |
| 7. The training materials of the program, including | its lecture notes, worksheets, power-point slides, and demo | onstration videotapes, were prepared by the trainer | |
| | pants who have attended at least 80% of the course. (For Fi | • | ` / |
| 9. No form of recording, including audio- or video- | recording, during the training program is allowed without | | |
| Department of Social Work, The Chinese Univer 10. If Storm Warning Signal No. 8 or above, or Blac | sity of Hong Kong. k Rainstorm Warning Signal or the announcement of "extr | one andition" by the Covernment often synantry | soons is issued by 7cm, the lesses |
| will be cancelled. Details of postponement or oth | | eme condition by the Government after super typi | loons is issued by /am, the lesson |
| confidential. Under the provision of the Personal | used by only for enrollment, course administration and futu Data (Privacy) Ordinance, applicants have the right to requit written requests to CPE by email to swkcpe@cuhk.edu.l | uest access to and make correction of their persona | |
| 12. All changes and amendments are subject to the re | espective course and the final decision of organiser. | | |
| Enquiry: (852) 3943 1704 🖂 E | mail: swkcpe@cuhk.edu.hk | .swk.cuhk.edu.hk/ Facebook: https://www.fac | ebook.com/swkcpe/ |