



崇真書院

全賴教職員、家長、學生與社區組織間的通力合作，本校喜獲「香港健康學校獎勵計劃」金獎。

我校致力成為一所「培育生命、豐富生命的健康學校」，以“1Q3Cs for / in T & L” (Q-追求優質、C-關懷愛顧、C-同舟共濟、C-基督為師、T-教有其法、L-學有其道) 之核心價值建立學校，盼能培養具備三有四能(有信、有望、有愛；能學、能教、能服務、能創新)素質之崇真人。「豐盛生命教育」的使命驅使我校不斷為學校持份者提供不同之學習及成長的機會，並且回饋社會，包括安排學生參加「義工精神·立根校園」之服務學習計劃(OEF)、服務社會；使用校本發展的「迅速學習錦囊」(OEF)，提升學生自習能力；設立「崇真電視台」(OEF)、「信仰小組」、「崇真生物園」及「健康家族」等計劃，發展學生的多元智能，建立一個互相關懷、信任、彼此尊重的和諧學校環境；並且與本校健康顧問建立良好之網絡，共同提升學校健康意識；參加由職安局舉辦之「職業安全健康員工參與計劃」，藉研討會、比賽、戶外活動等活動，有效提升教職員職安安全意識；以及參加「香港健康學校夥伴計劃」，與同區學校協作，分享建立健康學校政策及管理的經驗。這一切工作正切合本校成為健康社區學校的願景。

總之開來，我校將繼續實踐健康促進的理念，發揮全校參與、家校合作的力量，強化健康學校網絡，把健康學校的訊息公諸社會，惠及社群。

Tsung Tsin College

Thanks to the full cooperation among all teachers, staff, parents, students and community groups, we are glad to achieve the Gold Prize of the Hong Kong Healthy Schools Award Scheme.

Our school is committed to becoming "A Healthy School which Nurtures and Enriches Lives". We adopts the core values of "1Q3Cs for / in T & L" (Q-Quality, 3 Cs-Caring, Community, and Christian Values, T-teaching, L-Learning) to build school which can nurture the qualities of 3 Haves & 4 Cans (Have Faith, Have Hope, Have Love; Can Learn, Can Teach, Can Serve and Can Innovate) in every Tsung Tsin Collegian. The mission of achieving a Life-enriching (Le) Education has driven our school to provide all school stakeholders with various opportunities to learn and grow, including the "Anchoring Volunteerism in schools" whereby students can serve the community and the use of the "Accelerated Learning Kit" to enhance students' self-learning capabilities. Establishing TTCTV (Tsung Tsin Television Production Centre), religious cell groups, Tsung Tsin Biosphere Scheme and Tsung Tsin Health Ambassadors Scheme, we endeavor to encourage development of multiple intelligences and promote a harmonious school ethos which is characterized by mutual care, trust and respect. Through close liaison and networking with health-care professionals who furnish expertise for raising our health awareness and through the "Occupational Safety and Health Employees Participation Scheme" whereby the OSHC (Occupational Safety & Health Council) organizes different kinds of activities such as seminars, competitions and outdoor activities on occupational safety and health, we attempt to increase employees' awareness on such issues. The "Hong Kong Healthy Schools' Mentoring Project" enables us to establish a close relationship with a neighboring primary school and allows our sharing of experience, policy making and management of a health-promoting school with other school. All the above programs are supposed to dovetail with our vision of becoming a healthy community school.

Guided by our past experience, our school will continue to adapt implementing health education and promotion to adapt a holistic approach to involving all school stakeholders with worthy enterprise of reinforcing the healthy schools' network and publicizing the healthy messages for the betterment of our society.



由學生親手建成的崇真花園及馬賽克壁畫



參與香港電台以環保為主題的比賽節目—小伙子大攞作拍攝花絮，其中邀請本校中醫顧問陳翔風帶領健康家族上山採藥觀蝶。

於崇真健康促進資源中心進行磅書包活動

