

Table 1. Comparisons of the Hong Kong 2018 Report Card Grades with the results of the Hong Kong 2016 Report Card, Global Average (49 Countries/Regions), and 30 Very High HDI Countries/Regions

Indicator	2018 Hong Kong Report Card Grades	2016 Hong Kong Report Card Grades	Global Matrix 3.0 Global Average	Global Matrix 3.0 30 Very High HDI Countries
1. Overall Physical Activity	C-	D	D	D-
2. Organized Sport Participation	C	C-	C	C+
3. Active Play	INC	INC	D+	D+
4. Active Transportation	B+	B	C	C-
5. Sedentary Behaviors	C-	C	D+	D+
6. Physical Fitness	D	--	C	C-
7. Sleep*	C-	--	--	--
8. Family	D-	D	D+	C-
9. School	C	C	C	C+
10. Community and Environment	B	B	C	B-
11. Government	C	INC	C	C+
12. Obesity*	D-	--	--	--

*Not included as common indicators in the Global Matrix 3.0

HDI: human development index; INC, incomplete

Very high HDI countries/regions include Australia, Belgium, Canada, Chile, Czech Republic, Denmark, England, Estonia, France, Finland, Germany, Guernsey, Hong Kong, Japan, Lithuania, Netherlands, New Jersey, New Zealand, Poland, Portugal, Qatar, South Korea, Scotland, Slovenia, Spain, Sweden, Taiwan, United Arab Emirates, United States, and Wales.