



體育運動 科學系

DEPARTMENT OF
SPORTS SCIENCE
AND
PHYSICAL EDUCATION

教育學士

(健康與體育運動科學)
學位課程

JS4329

Bachelor of Education in
Physical Education,
Exercise Science and Health

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Commonly Asked Questions

Q1 What are the admission requirements?

Applicable to HKDSE students

Applicants need to fulfill the minimum entrance requirements of the University.

Core Subjects	Level
Chinese Language	3
English Language	3
Mathematics	2
Liberal Studies	2
+	
Any 2 Subjects ^{Note}	3

Note: These two subjects may include:
(i) 2 New Senior Secondary elective subjects; or
(ii) 1 New Senior Secondary elective subject and Mathematics (Extended Part) Module I or Module II.

Q2 Is it necessary for applicants to have taken part in PE examination in HKDSE?

No. Applicants do not need to have taken part in PE examination in HKDSE.

Q3 Which is more important: academic results or PE results?

The aim of our Department is not to nurture professional athletes, but it emphasizes the application of different exercise science principles and knowledge to the teaching profession. However, applicants' interests and experience in physical activities are also very important. Thus, our Department will consider an applicant's academic results as well as his/her interest and participation in sports when assessing whether he/she is suitable for our Programme.

Q4 Do applicants need to attend an interview and skills proficiency test?

Applicants need to attend both an interview and skills proficiency test.

Q5 What is the ratio of male : female students admitted each year?

Our Department has not set the ratio of male : female students admitted to our Programme. In determining the admission of students, we will comprehensively consider their academic results, past sports participation and experience, interview performance and skills proficiency test results.

Q6 What are the career prospects after graduation?

Most of our graduates become physical education teachers in primary and secondary schools or higher education institutions. Some of them serve as administrators in national sports associations or executives in fitness and leisure industries. In addition, some graduates continue to pursue their master and doctoral degrees, related to physical education, exercise science and health, in both local and overseas universities.

Q7 Do candidates need to have passion for sports?

Yes. It is because the courses in our Programme require students to learn the skills of different sports. Without having passion for sports, students will find our courses difficult.

Q8 What are the differences between CUHK's Physical Education and Sports Science Programme and some similar programmes offered by other universities?

Our Programme aims to train students to become excellent Physical Education teachers. Our courses emphasize the application of exercise science principles to teaching and administration. The content includes sports skills, theories and professional knowledge, such as exercise physiology, exercise psychology, sports pedagogy and sports management. Upon the completion of our Programme, students will be awarded a Bachelor of Education degree, which also leads to an award equivalent to Postgraduate Diploma in Education.

Q9 Is it a must to have at least one sports specialty?

It is not necessary to possess one sports specialty. But if you want to develop your career in the field of physical education, exercise science and health, we expect you to be adventurous and willing to learn, so that you will continuously learn new sports skills.

Q10 How many students are admitted to the Programme each year?

The number of students admitted per year is about 24-28.



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? 考生 常問問題

Q1 考生需要有怎樣的入學成績？

新高中課程學生適用

考生必需達到課程最基本的收生要求：

核心科目	等級
中國語文	3
英國語文	3
數學	2
通識	2
+	
任何2個科目 ^註	3

註：此2個科目包括：

- (i) 2個新高中選修科目；或
- (ii) 1個新高中選修科目及數學科(延伸部份)(單元一 / 二)

Q2 考生是否一定需要參加過中學體育科文憑試？

考生無須參加過中學體育科文憑試。

Q3 在學業成績和體育成績中，哪一項較重要？

學系並不是培訓專業運動員，而是著重各科不同的運動科學原理及知識應用於教學專業上。然而考生對體育活動的興趣和經驗亦十分重要，因此，本系會以考生的學業成績，對體育活動的興趣與參與，作為評估學生是否適合入讀本系課程。

Q4 是否需要面試或作體適能測試？

考生需要參加面試及體適能測試。

Q5 每年收生的男女比例是多少？

本系並沒有訂下收生的男女比例，我們全面考慮考生的學業成績、過往對運動的參與和經驗、面試表現、及體適能測試成績。

Q6 畢業後的就業情況？

本系的畢業生通常為中小學及大專院校體育教師，亦有部份投身體能教官及康體運動行政管理。此外，亦有畢業生選擇於本地或海外繼續進修有關體育及運動科學的碩士及博士學位課程。

Q7 考生是否需要熱衷於體育運動？

是。因為本系的術科包括各類運動技能的學習，沒有運動的熱誠而修讀本系課程或會比較困難。

Q8 中大體育運動科學系與其他大專院校的相關學系所提供的課程有什麼分別？

中大體育運動科學系的課程以培訓優質的體育老師為主，課程著重應用各科運動科學原理於教學及行政上。內容包括運動技術、理論及專業科目如運動生理學、運動心理學、運動教育學及運動管理學等。而修畢課程者，除了獲頒發教育學士學位之外，同時亦兼具學位教師教育文憑的資格。

Q9 是否需要至少一項運動專長？

學生並不需要有特別運動專長，我們期望有意投身體育運動行業的你，必須能兼備勇於嘗試及不斷努力學習的態度去學習不同的運動項目。

Q10 每學年會收多少名學生？

每年收生人數約為 24 – 28人。

